

Month of: December 2015

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	P: Cheese Crackers, Grape Juice D: American Cheese, Cheese Crackers, Tropical Fruit Jui, Applesauce, Skim Milk - 1/2% Soy Nuts MEAL 2	P: Graham Crackers, Pear Juice / Blend D: Tuna / Salmon, Wheat Crackers, Apple Juice, Raisins & Fruit /, Skim Milk - 1/2% Tuna Salad, Sunflower Kernels MEAL 3	P: Wheat Crackers, Tropical Fruit Jui D: Garbanzo Beans / C, Whole Grain Chips, Mixed / Blended Ju, Mixed Fruit, Lowfat Milk - 1% Hummus, Sunflower Kernels MEAL 4	P: Animal Crackers, Berry Juicy Juice D: Cheddar Cheese, Wheat Crackers, Applesauce, Mixed Fruit, Skim Milk - 1/2% Sunflower Kernels MEAL 5
7	8	9	10	11
P: Club Crackers, Tropical Fruit Jui D: Peanut Butter & Me, Pretzels, Grape Juice, Applesauce, Skim Milk - 1/2% Sun Butter, Mixed Nuts MEAL 6	P: Oatmeal Cookies, Orange-Pineapple J D: Cheddar Cheese, Wheat Crackers, Grape Juice, Raisins & Fruit /, Skim Milk - 1/2% White Cheddar Sticks, Sunflower Kernels MEAL 7	P: Whole Grain Chips, Pear Juice / Blend D: American Cheese, Bread Sticks, Salsa, Tropical Fruit Jui, Milk - 2% Sunflower Kernels, Meat Stick(Extra) MEAL 8	P: Hi Ho / Ritz Crack, Grape Juice, -- D: Chicken Breasts, Wheat Crackers, Raisins & Fruit /, Apple Juice, Skim Milk - 1/2% Chicken Salad, Honey Roasted Nuts MEAL 9	P: Oyster Crackers, Apple Juice D: Cheddar Cheese, Whole Grain Chips, Salsa, Orange Juice, Skim Milk - 1/2% Sunflower Kernels MEAL 10
14	15	16	17	18
P: Bread Sticks, Apple Juice D: Peanut Butter & Me, Graham Crackers, Tropical Fruit Jui, Applesauce, Skim Milk - 1/2% Assorted Nuts, Grape Jelly MEAL 1	P: Cheese Crackers, Grape Juice D: American Cheese, Cheese Crackers, Tropical Fruit Jui, Applesauce, Skim Milk - 1/2% Soy Nuts MEAL 2	P: Graham Crackers, Pear Juice / Blend D: Tuna / Salmon, Wheat Crackers, Apple Juice, Raisins & Fruit /, Skim Milk - 1/2% Tuna Salad, Sunflower Kernels MEAL 3	P: Wheat Crackers, Tropical Fruit Jui D: Garbanzo Beans / C, Whole Grain Chips, Mixed / Blended Ju, Mixed Fruit, Lowfat Milk - 1% Hummus, Sunflower Kernels MEAL 4	P: Animal Crackers, Berry Juicy Juice D: Cheddar Cheese, Wheat Crackers, Applesauce, Mixed Fruit, Skim Milk - 1/2% Sunflower Kernels MEAL 5
21	22	23	24	25
P: Club Crackers, Tropical Fruit Jui D: Peanut Butter & Me, Pretzels, Grape Juice, Applesauce, Skim Milk - 1/2% Sun Butter, Mixed Nuts MEAL 6	P: Oatmeal Cookies, Orange-Pineapple J D: Cheddar Cheese, Wheat Crackers, Grape Juice, Raisins & Fruit /, Skim Milk - 1/2% White Cheddar Sticks, Sunflower Kernels MEAL 7	P: Whole Grain Chips, Pear Juice / Blend D: American Cheese, Bread Sticks, Salsa, Tropical Fruit Jui, Milk - 2% Sunflower Kernels, Meat Stick(Extra) MEAL 8	P: Hi Ho / Ritz Crack, Grape Juice, -- D: Chicken Breasts, Wheat Crackers, Raisins & Fruit /, Apple Juice, Skim Milk - 1/2% Chicken Salad, Honey Roasted Nuts MEAL 9	

Monday		Tuesday		Wednesday		Thursday		Friday	
28		29		30		31			
P:	Bread Sticks, Apple Juice	P:	Cheese Crackers, Grape Juice	P:	Graham Crackers, Pear Juice / Blend	P:	Wheat Crackers, Tropical Fruit Jui		
D:	Peanut Butter & Me, Graham Crackers, Tropical Fruit Jui, Applesauce, Skim Milk - 1/2% Assorted Nuts, Grape Jelly MEAL 1	D:	American Cheese, Cheese Crackers, Tropical Fruit Jui, Applesauce, Skim Milk - 1/2% Soy Nuts MEAL 2	D:	Tuna / Salmon, Wheat Crackers, Apple Juice, Raisins & Fruit /, Skim Milk - 1/2% Tuna Salad, Sunflower Kernels MEAL 3	D:	Garbanzo Beans / C, Whole Grain Chips, Mixed / Blended Ju, Mixed Fruit, Lowfat Milk - 1% Hummus, Sunflower Kernels MEAL 4		

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