

Month of: November 2015

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>P: Bread Sticks, Apple Juice</p> <p>D: Peanut Butter & Me, Graham Crackers, Tropical Fruit Jui, Applesauce, Skim Milk - 1/2% Assorted Nuts, Grape Jelly MEAL 1</p>	<p>3</p> <p>P: Cheese Crackers, Grape Juice</p> <p>D: American Cheese, Cheese Crackers, Tropical Fruit Jui, Applesauce, Skim Milk - 1/2% Soy Nuts MEAL 2</p>	<p>4</p> <p>P: Graham Crackers, Pear Juice / Blend</p> <p>D: Tuna / Salmon, Wheat Crackers, Apple Juice, Raisins & Fruit /, Skim Milk - 1/2% Tuna Salad, Sunflower Kernels MEAL 3</p>	<p>5</p> <p>P: Wheat Crackers, Tropical Fruit Jui</p> <p>D: Garbanzo Beans / C, Whole Grain Chips, Mixed / Blended Ju, Mixed Fruit, Lowfat Milk - 1% Hummus, Sunflower Kernels MEAL 4</p>	<p>6</p> <p>P: Animal Crackers, Berry Juicy Juice</p> <p>D: Cheddar Cheese, Wheat Crackers, Applesauce, Mixed Fruit, Skim Milk - 1/2% Sunflower Kernels MEAL 5</p>
<p>9</p> <p>P: Club Crackers, Tropical Fruit Jui</p> <p>D: Peanut Butter & Me, Pretzels, Grape Juice, Applesauce, Skim Milk - 1/2% Sun Butter, Mixed Nuts MEAL 6</p>	<p>10</p> <p>P: Oatmeal Cookies, Orange-Pineapple J</p> <p>D: Cheddar Cheese, Wheat Crackers, Grape Juice, Raisins & Fruit /, Skim Milk - 1/2% White Cheddar Sticks, Sunflower Kernels MEAL 7</p>	<p>11</p> <p>P: Whole Grain Chips, Pear Juice / Blend</p> <p>D: American Cheese, Bread Sticks, Salsa, Tropical Fruit Jui, Milk - 2% Sunflower Kernels, Meat Stick(Extra) MEAL 8</p>	<p>12</p> <p>P: Hi Ho / Ritz Crack, Grape Juice, --</p> <p>D: Chicken Breasts, Wheat Crackers, Raisins & Fruit /, Apple Juice, Skim Milk - 1/2% Chicken Salad, Honey Roasted Nuts MEAL 9</p>	<p>13</p> <p>P: Oyster Crackers, Apple Juice</p> <p>D: Cheddar Cheese, Whole Grain Chips, Salsa, Orange Juice, Skim Milk - 1/2% Sunflower Kernels MEAL 10</p>
<p>16</p> <p>P: Bread Sticks, Apple Juice</p> <p>D: Peanut Butter & Me, Graham Crackers, Tropical Fruit Jui, Applesauce, Skim Milk - 1/2% Assorted Nuts, Grape Jelly MEAL 1</p>	<p>17</p> <p>P: Cheese Crackers, Grape Juice</p> <p>D: American Cheese, Cheese Crackers, Tropical Fruit Jui, Applesauce, Skim Milk - 1/2% Soy Nuts MEAL 2</p>	<p>18</p> <p>P: Graham Crackers, Pear Juice / Blend</p> <p>D: Tuna / Salmon, Wheat Crackers, Apple Juice, Raisins & Fruit /, Skim Milk - 1/2% Tuna Salad, Sunflower Kernels MEAL 3</p>	<p>19</p> <p>P: Wheat Crackers, Tropical Fruit Jui</p> <p>D: Garbanzo Beans / C, Whole Grain Chips, Mixed / Blended Ju, Mixed Fruit, Lowfat Milk - 1% Hummus, Sunflower Kernels MEAL 4</p>	<p>20</p> <p>P: Animal Crackers, Berry Juicy Juice</p> <p>D: Cheddar Cheese, Wheat Crackers, Applesauce, Mixed Fruit, Skim Milk - 1/2% Sunflower Kernels MEAL 5</p>
<p>23</p> <p>P: Club Crackers, Tropical Fruit Jui</p> <p>D: Peanut Butter & Me, Pretzels, Grape Juice, Applesauce, Skim Milk - 1/2% Sun Butter, Mixed Nuts MEAL 6</p>	<p>24</p> <p>P: Oatmeal Cookies, Orange-Pineapple J</p> <p>D: Cheddar Cheese, Wheat Crackers, Grape Juice, Raisins & Fruit /, Skim Milk - 1/2% White Cheddar Sticks, Sunflower Kernels MEAL 7</p>	<p>25</p> <p>P: Whole Grain Chips, Pear Juice / Blend</p> <p>D: American Cheese, Bread Sticks, Salsa, Tropical Fruit Jui, Milk - 2% Sunflower Kernels, Meat Stick(Extra) MEAL 8</p>	<p>26</p> <p>P: Hi Ho / Ritz Crack, Grape Juice, --</p> <p>D: Chicken Breasts, Wheat Crackers, Raisins & Fruit /, Apple Juice, Skim Milk - 1/2% Chicken Salad, Honey Roasted Nuts MEAL 9</p>	<p>27</p> <p>P: Oyster Crackers, Apple Juice</p> <p>D: Cheddar Cheese, Whole Grain Chips, Salsa, Orange Juice, Skim Milk - 1/2% Sunflower Kernels MEAL 10</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<div data-bbox="42 142 94 175" style="border: 1px solid black; padding: 2px;">30</div> <div data-bbox="42 289 94 324" style="border: 1px solid black; padding: 2px;">P:</div> <div data-bbox="231 292 430 321">Bread Sticks, Apple Juice</div> <div data-bbox="42 332 94 365" style="border: 1px solid black; padding: 2px;">D:</div> <div data-bbox="115 332 430 430"> Peanut Butter & Me, Graham Crackers, Tropical Fruit Jui, Applesauce, Skim Milk - 1/2% Assorted Nuts, Grape Jelly MEAL 1 </div>				

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				