

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			P: Hi Ho / Ritz Crack, Grape Juice, -- D: Chicken Breasts, Wheat Crackers, Raisins & Fruit /, Apple Juice, Skim Milk - 1/2% Chicken Salad, Honey Roasted Nuts MEAL 9	P: Oyster Crackers, Apple Juice D: Cheddar Cheese, Whole Grain Chips, Salsa, Orange Juice, Skim Milk - 1/2% Sunflower Kernels MEAL 10
5	6	7	8	9
P: Bread Sticks, Apple Juice D: Peanut Butter & Me, Graham Crackers, Tropical Fruit Jui, Applesauce, Skim Milk - 1/2% Assorted Nuts, Grape Jelly MEAL 1	P: Cheese Crackers, Grape Juice D: American Cheese, Cheese Crackers, Tropical Fruit Jui, Applesauce, Skim Milk - 1/2% Soy Nuts MEAL 2	P: Graham Crackers, Pear Juice / Blend D: Tuna / Salmon, Wheat Crackers, Apple Juice, Raisins & Fruit /, Skim Milk - 1/2% Tuna Salad, Sunflower Kernels MEAL 3	P: Wheat Crackers, Tropical Fruit Jui D: Garbanzo Beans / C, Whole Grain Chips, Mixed / Blended Ju, Mixed Fruit, Lowfat Milk - 1% Hummus, Sunflower Kernels MEAL 4	P: Animal Crackers, Berry Juicy Juice D: Cheddar Cheese, Wheat Crackers, Applesauce, Mixed Fruit, Skim Milk - 1/2% Sunflower Kernels MEAL 5
12	13	14	15	16
P: Club Crackers, Tropical Fruit Jui D: Peanut Butter & Me, Pretzels, Grape Juice, Applesauce, Skim Milk - 1/2% Sun Butter, Mixed Nuts MEAL 6	P: Oatmeal Cookies, Orange-Pineapple J D: Cheddar Cheese, Wheat Crackers, Grape Juice, Raisins & Fruit /, Skim Milk - 1/2% White Cheddar Sticks, Sunflower Kernels MEAL 7	P: Whole Grain Chips, Pear Juice / Blend D: American Cheese, Bread Sticks, Salsa, Tropical Fruit Jui, Milk - 2% Sunflower Kernels, Meat Stick(Extra) MEAL 8	P: Hi Ho / Ritz Crack, Grape Juice, -- D: Chicken Breasts, Wheat Crackers, Raisins & Fruit /, Apple Juice, Skim Milk - 1/2% Chicken Salad, Honey Roasted Nuts MEAL 9	P: Oyster Crackers, Apple Juice D: Cheddar Cheese, Whole Grain Chips, Salsa, Orange Juice, Skim Milk - 1/2% Sunflower Kernels MEAL 10
19	20	21	22	23
P: Bread Sticks, Apple Juice D: Peanut Butter & Me, Graham Crackers, Tropical Fruit Jui, Applesauce, Skim Milk - 1/2% Assorted Nuts, Grape Jelly MEAL 1	P: Cheese Crackers, Grape Juice D: American Cheese, Cheese Crackers, Tropical Fruit Jui, Applesauce, Skim Milk - 1/2% Soy Nuts MEAL 2	P: Graham Crackers, Pear Juice / Blend D: Tuna / Salmon, Wheat Crackers, Apple Juice, Raisins & Fruit /, Skim Milk - 1/2% Tuna Salad, Sunflower Kernels MEAL 3	P: Wheat Crackers, Tropical Fruit Jui D: Garbanzo Beans / C, Whole Grain Chips, Mixed / Blended Ju, Mixed Fruit, Lowfat Milk - 1% Hummus, Sunflower Kernels MEAL 4	P: Animal Crackers, Berry Juicy Juice D: Cheddar Cheese, Wheat Crackers, Applesauce, Mixed Fruit, Skim Milk - 1/2% Sunflower Kernels MEAL 5

Monday		Tuesday		Wednesday		Thursday		Friday	
26		27		28		29		30	
P:	Club Crackers, Tropical Fruit Jui	P:	Oatmeal Cookies, Orange-Pineapple J	P:	Whole Grain Chips, Pear Juice / Blend	P:	Hi Ho / Ritz Crack, Grape Juice, --	P:	Oyster Crackers, Apple Juice
D:	Peanut Butter & Me, Pretzels, Grape Juice, Applesauce, Skim Milk - 1/2%	D:	Cheddar Cheese, Wheat Crackers, Grape Juice, Raisins & Fruit /, Skim Milk - 1/2%	D:	American Cheese, Bread Sticks, Salsa, Tropical Fruit Jui, Milk - 2%	D:	Chicken Breasts, Wheat Crackers, Raisins & Fruit /, Apple Juice, Skim Milk - 1/2%	D:	Cheddar Cheese, Whole Grain Chips, Salsa, Orange Juice, Skim Milk - 1/2%
	Sun Butter, Mixed Nuts MEAL 6		White Cheddar Sticks, Sunflower Kernels MEAL 7		Sunflower Kernels, Meat Stick(Extra) MEAL 8		Chicken Salad, Honey Roasted Nuts MEAL 9		Sunflower Kernels MEAL 10

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30