

2017 CACFP Annual Training Quiz

Please choose the best answer for each question.

Center Name _____

Name _____ Title _____ Date _____

1. How many meal components are in the CACFP?

- 5
- 6
- 4

2. A fruit and a vegetable can be served as a snack.

- True
- False

3. Grain-based desserts counts toward the grain requirement.

- True
- False

4. Yogurt must contain no more than 23 grams of total sugars per 6 ounces.

- True
- False

5. What are the required breakfast meal components?

- Milk, Fruit, Grains
- Milk, Vegetables, Fruit, Grains
- Milk, Meat/Meat Alternative, Vegetables, Grains

6. Juices can be served to infants.

- True
- False

7. Infant Menus are not required.

- True
- False

8. Whole grain items must be clearly indicated on the menu by writing "WG" next to them.

- True
- False

9. Center menu must be posted and dated.

- True
- False

10. When should the Attendance and Meal Count Worksheet be completed?

- Every morning before breakfast.
- At the point-of-service, once the child has been provided all required components.
- During nap time
- Before submitting your claim

11. What are the types of Point of Service Meal Service?

- Unitized and Customized
- Family Style and Unitized
- Country Style and Family Style

12. To make corrections on the Attendance and Meal Count Worksheet, use white-out.

- True
- False

13. How many times a year is Child Care Resources required to monitor your center?

- 2
- 3
- 4
- Never

14. What are the names of the two CACFP posters that must be displayed in the center?

- "Building for the Future" and "Food poster"
- "CACFP poster" and "And Justice for All"
- "Building for the Future" and "And Justice for All"

15. Which of the following is not required to be submitting with your monthly documents.

- Original Attendance Sheets
- A copy of your menu
- Enrollment Forms
- Copies of staff time sheets

16. When collecting racial & ethnic data staff can make a visual observation of race & ethnicity.

- True
- False

17. The non-discrimination statement must be included on all materials that mentions the USDA Program, including menus.

- True
- False

18. The Platinum Rule is to:

- Treat others the way you want to be treated
- Treat others the way they want to be treated
- Treat others but treat yourself first

19. Programs must document that 100% of their funds are spent on food service.

- True
- False

20. Two different fruits can be served at lunch and dinner to meet the required meal components.

- True
- False