



# Medical Disability Statement for Food Substitution(s) – Child Care

## PART I – CHILD INFORMATION

Child's Name: \_\_\_\_\_

The child identified above has a disability that restricts the child's ability to drink cow's milk, soy milk or consume other food(s).

An individual with a disability is described under Section 504 of the Rehabilitation Act (1973) and the Americans with Disabilities Act (ADA) as a person who has a physical or mental impairment that substantially limits one or more major life activities/bodily functions. Refer to the end of this document for definitions of "disability" and "major life activities/bodily functions".

## PART 2 – TO BE COMPLETED BY PHYSICIAN

- Identify the child's disability: \_\_\_\_\_
- Identify the major life activities/bodily functions affected by the disability: \_\_\_\_\_  
\_\_\_\_\_
- Describe how the disability restricts the child from drinking cow's milk and approved brands of soy milk (8<sup>th</sup> Continent Soymilk – Original and Vanilla, Pacific Ultra Soy – Original and Vanilla, Great Value Original Soymilk, Kirkland Organic Soymilk - Plain) or consuming other food item(s).  
\_\_\_\_\_
- Prescribed food substitute(s): \_\_\_\_\_

Dietary accommodations must be provided by the child care facility at no charge to a child with a disability unless the parent chooses to provide the food substitute(s).

## PART 3 – SIGNATURE OF LICENSED PHYSICIAN

Clinic Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Name of Licensed Physician (please print): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(MD – Medical Doctor or DO - Doctor of Osteopathy)

## PART 4 – DEFINITIONS

**"A Person with a Disability"** is defined as any person who has a physical or mental impairment which substantially limits one or more major life activities, has a record of such impairment, or is regarded as having such impairment. **"Physical or Mental Impairment"** means (a) any physiological disorder or condition, cosmetic disfigurement, or anatomical loss affecting one or more of the following body systems: neurological; musculoskeletal; special sense organs; respiratory, including speech organs; cardiovascular; reproductive, digestive, genito-urinary; hemic and lymphatic; skin; and endocrine; or (b) any mental or psychological disorder, such as mental retardation, organic brain syndrome, emotional or mental illness, and specific learning disabilities. **"Major Life Activities"** are functions such as caring for one's self, performing manual tasks, seeing, hearing, eating, sleeping, walking, standing, lifting, bending, speaking, breathing, learning, reading, concentrating, thinking, communicating and working. **"Major Life Activities" now include "Major Bodily Functions"** such as functions of the immune system, normal cell growth, digestive, bowel, bladder, neurological, brain, respiratory, circulatory, cardiovascular, endocrine, and reproductive functions. **"Has a Record of Such an Impairment"** is defined as having a history of, or has been classified as having a mental or physical impairment that substantially limits one or more major life activities. Citations from Section 504 of the Rehabilitation Act of 1973.

This institution is an equal opportunity provider.