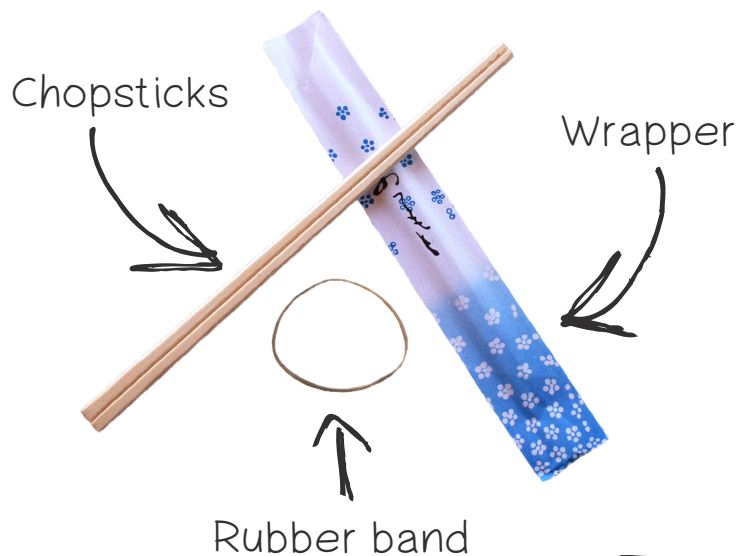


# How to Make a Chopstick Trainer

Learning how to use chopsticks can be hard. Try making this chopstick trainer to help you get the hang of it and also practice fine motor skills by using the pincer grasp.

Here's what you need...



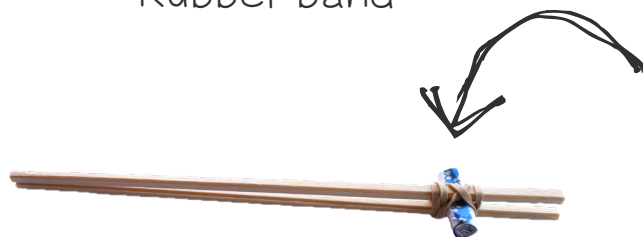
Step One

Roll the wrapper tightly.



Step Two

Wrap rubber band around paper and chopsticks.



Step Three

Practice using the trainer. Move the cotton balls from one cup to another.

