(804) 340-2000		Month of: April 2023		(655) 427-2666
Monday	Tuesday	Wednesday	Thursday	Friday
2				-
L: Turkey Ground Rolls -	L: Beef Ground Rolls -	5	L: Cheddar Cheese	7
Turkey Ground, Rolls -	Deer Ground, reals	Chicken, Breast Meat,	Officadal Officese,	
Wheat, Peas and Carrots,	Wheat, Black Beans,	Brown Rice, WG (1oz eq/28	Macaroni Noodles (1oz	
Applesauce, Lowfat Milk -	Applesauce, Lowfat Milk - 1%	, ,	eq/28g), Mixed Vegetables,	
1%		Chickpeas/Hummus, Mixed	Mixed Fruit, Lowfat Milk - 1%	
		Fruit, Lowfat Milk - 1%		
Turkey Shepherd's Pie	Three Bean Stew w/Roll	Butter Chicken over rice	Mac and Cheese With Mixed Vegetables	
D: Beef Ground, Rolls -	D: Chicken, Breast Meat,	D: Cheddar Cheese,	D: Chicken, Breast Meat,	
Wheat, Black Beans,	Brown Rice, WG (1oz/28g)	Macaroni Noodles (1oz	Brown Rice, WG (1oz/28g)	
Applesauce, Lowfat Milk -	(WG), Chickpeas/Hummus,	eq/28g)(WG), Mixed	(WG), Tomatoes Fresh,	
1%	Peaches / Nectarines, Lowfat	Vegetables, Mixed Fruit,	Stewed, Tropical Fruit, Lowfat	
1,75	Milk - 1%	Lowfat Milk - 1%	1	
Three Bean Stew	Butter Chicken over rice	Mac and Cheese With Mixed Vegetables	Southwestern Chicken With Corn, Black Beans and Mexican	
10	11	12	Rice	14
				14 Chieken Breest Mast
Official, Dicast Micat,	Beef Ground,	Chicken, Breast Meat,	Beef Ground, Brown Rice,	L: Chicken, Breast Meat,
Brown Rice, WG (1oz/28g)	Rolls-WGR(WG), Mixed	Rice (1oz eq/28gm/1/2c),	WG (1oz eq/28 gm/1/2c)	
(WG), Black Beans,	Vegetables, Peaches /	Broccoli, Mixed Fruit, Lowfat	(WG), Mixed Vegetables,	Wheat(WG), Potatoes,
Applesauce, Lowfat Milk -	Nectarines, Lowfat Milk - 1%	Milk - 1%	· '	Red/White, Tropical Fruit,
1% Southwestern Chicken w/Corn, Black beans and Mexican	Chili w/Roll	Teriyaki Chicken and Veggies over Rice.	1% Caribbean Beef and Gravy over Rice.	Lowfat Milk - 1% Chicken and Corn Chowder w/Roll
Rice	Gilli W/XOII	Terryani Offickeri and Veggres Over Nice.	Cambbean Beer and Gravy over Nice.	Chicker and Com Chowder w/Kon
D: Beef Ground,	D: Chicken, Breast Meat,	D: Beef Ground, Brown Rice,	D: Chicken, Breast Meat,	D: Beef Ground,
Rolls-WGR(WG), Mixed	Rice (1oz eq/28gm/1/2c),	WG (1oz eq/28 gm/1/2c)		Cornbread/Corn Muffin - WGR
Vegetables, Applesauce,	Broccoli, Peaches /	(WG), Mixed Vegetables,	Wheat(WG), Potatoes,	(1oz/34g)(WG), Black Beans,
Lowfat Milk - 1%	Nectarines, Lowfat Milk - 1%	Tropical Fruit, Lowfat Milk -	Red/White, Pears, Lowfat	Tropical Fruit, Lowfat Milk -
		1%		
Chili w/roll	Teriyaki Chicken and Veggies over Rice.	Caribbean Beef and Gravy over Rice	Chicken and Corn Chowder	Beef and Bean Tamale Pie.

. ,		Month of. April 2025		(666) 127 2000
Monday	Tuesday	Wednesday	Thursday	Friday
17	18	19	20	21
L: Beef Ground,	BBQ - Chicken, Buns -	L: Turkey Roast, Egg	L: Great Northern Beans,	<del></del>
Cornbread/Corn Muffin -	Whole Grain (1oz/28g)(WG),	Noodles (1ozeq/28gm), Mixed		
WGR (1oz/34g)(WG), Black	Cabbage, Red / White / Cole	Vegetables, Mixed Fruit,	Vegetables, Tropical Fruit,	
Beans, Applesauce, Lowfat	Slaw, Peaches / Nectarines,	Lowfat Milk - 1%	Lowfat Milk - 1%	
Milk - 1%	Lowfat Milk - 1%			
Beef and Bean Tamale Pie	BBQ Chicken Sandwich with Cabbage Slaw	Turkey Stroganoff	Veggie Soup w/Roll	
D: BBQ - Chicken, Buns -	D: Turkey Roast, Egg	D: Great Northern Beans,	D: Beef Ground, Noodles -	
Whole Grain (1oz/28g)(WG),	Noodles (1ozeq/28gm), Mixed	Rolls-WGR(WG), Mixed	Other(WG), Garden Salad,	
Cabbage, Red / White /	Vegetables, Peaches /	Vegetables, Mixed Fruit,	Tropical Fruit, Lowfat Milk -	
Cole Slaw, Applesauce,	Nectarines, Lowfat Milk - 1%	Lowfat Milk - 1%	1%	
Lowfat Milk - 1%	ó			
BBQ Chicken Sandwich with Cabbage slaw	Turkey Stroganoff	Veggie Soup w/ Roll	Rotini with Meat Sauce	
24	25	26	27	28
L: Beef Ground, Noodles	L: Chicken, Breast Meat,	L: Beef Ground, Buns -	L: Turkey Breast, Brown	L: American Cheese (100%
other (1oz eq/28gm)(WG),	Tortillas - 100% Whole Wheat	Whole Wheat WG (1oz/28g)	Rice, WG (1oz/28g)(WG),	cheese), Bread - 100%
Garden Salad, Applesauce,	(1oz/28g)(WG), Black Beans,	(WG), Tomato Sauce / Paste,	Green Beans, Tropical Fruit,	Whole Wheat(WG), Tomato
Lowfat Milk - 1%	Peaches / Nectarines, Lowfat	Mixed Fruit, Lowfat Milk - 1%	Lowfat Milk - 1%	Soup, Pear, canned #10,
	Milk - 1%			Lowfat Milk - 1%
Rotini With Meat Sauce	Chicken Fajitas	Sloppy Joe	Turkey and Gravy	Grilled Cheese sandwich and Tomato Soup
D: Chicken, Breast Meat,	D: Beef Ground, Buns -	D: Turkey Breast, Brown	D: Chicken, Breast Meat,	D: Cheddar Cheese,
Tortillas - 100% Whole	Whole Wheat WG (1oz/28g)		Noodles - Other, Peppers,	Macaroni Noodles (1oz
Wheat (1oz/28g)(WG),	(WG), Tomato Sauce / Paste,	gm/1/2c)(WG), Green Beans,	Red, Tropical Fruit, Lowfat	eq/28g), Mixed Vegetables,
Black Beans, Applesauce,	Peaches / Nectarines, Lowfat	Mixed Fruit, Lowfat Milk - 1%	Milk - 1%	Pear, canned #10, Lowfat
Lowfat Milk - 1%	6 Milk - 1%			Milk - 1%
Chicken Fajitas	Sloppy Joe	Turkey and Gravy	Chicken Stir Fry w/ Sesame noodles	Mac and Cheese with Mixed veggies.