

STANDARD MENU

4 - WEEK ROTATING MENU



ACAW Enterprise
Childcare Food Service & Manufacturing

MONTH: NOVEMBER

YEAR: 2023

CENTER:



MENU KEY:	
(D)	= Dairy
(B)	= Beef
(E)	= Egg
(C)	= Citrus
(W)	= Wheat

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
	Grains / Meat / Alt	(W) Cereal, Corn Flakes		Grains / Meat / Alt	Maple Waffle		Grains / Meat / Alt	Bagel w/ Cream Cheese		Grains / Meat / Alt	(W) WG Blueberry Muffin		Grains / Meat / Alt	Apple Filled Pancakes
	Veg/ Fruit	Banana		Veg/ Fruit	Cantelope Melon		Veg/ Fruit	Apple Slices		Veg/ Fruit	Kiwi, Fresh		Veg/ Fruit	(C) Orange, Fresh
B	Milk	Whole Milk or 1 % Milk	B	Milk	Whole Milk or 1 % Milk	B	Milk	Whole Milk or 1 % Milk	B	Milk	Whole Milk or 1 % Milk	B	Milk	Whole Milk or 1 % Milk
	Meat / Alt	(D) (W) (B) Beef Meatsauce / Mozzarella		Meat / Alt	(W) Chicken Sandwich Chicken Patty		Meat / Alt	Alfredo Chicken Flatbread Chicken Breast / Mozzarella Cheese		Meat / Alt	(D) (W) Macaroni & Cheese		Meat / Alt	(D) (W) Grill Cheese
	Grain	(W) WG Noodle		Grain	(W) WG Hamburger Roll		Grain	WG Flatbread		Grain	(W) WG Rotini Noodles		Grain	(W) WG Sliced Bread
	Veg	Mixed Vegetable		Veg	Broccoli Medley		Veg	Mixed Vegetable		Veg	Broccoli Medley		Veg	Tomato Basil Soup
	Fruit	Pears		Fruit	(C) Mandarin Oranges		Fruit	(C) Fruit Cocktail		Fruit	(C) Pineapple		Fruit	Peaches
L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk
P	Grain	(D) String Cheese & Crackers	P	Grain	(W) Sweet Potato Cracker	P	Grain	(W) Cheese Crackers	P	Grain	WG Maple Cracker	P	Grain	Pizza Crackers
	Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
	Grains / Meat / Alt	(W) Cereal, Corn Flakes		Grains / Meat / Alt	Maple Waffle		Grains / Meat / Alt	English Muffin w/ Jelly		Grains / Meat / Alt	(W) Corn Muffin		Grains / Meat / Alt	Egg Scramble / w/ Turkey Sausage & Cheddar
	Veg/ Fruit	Banana		Veg/ Fruit	Cantelope Melon		Veg/ Fruit	Apple Slices		Veg/ Fruit	Kiwi, Fresh		Veg/ Fruit	(C) Orange, Fresh
B	Milk	Whole Milk or 1 % Milk	B	Milk	Whole Milk or 1 % Milk	B	Milk	Whole Milk or 1 % Milk	B	Milk	Whole Milk or 1 % Milk	B	Milk	Whole Milk or 1 % Milk
	Meat / Alt	(D) (W) (B) Beef Meatsauce / Mozzarella		Meat / Alt	(W) Chicken Sandwich Chicken Patty		Meat / Alt	Seasoned Taco Meat (Turkey) / Cheddar Cheese		Meat / Alt	3 Bean Chili Beef / Beans		Meat / Alt	(B) Sloppy Joe Ground Beef
	Grain	(W) WG Noodle		Grain	(W) WG Hamburger Roll		Grain	(W) WG Tortilla Wrap		Grain	WG Brown Rice		Grain	(W) WG Hamburger Roll
	Veg	Mixed Vegetable		Veg	Broccoli Medley		Veg	Tomato Salsa / Lettuce		Veg	Mixed Vegetables		Veg	Broccoli Medley
	Fruit	Pears		Fruit	(C) Mandarin Oranges		Fruit	(C) Fruit Cocktail		Fruit	(C) Pineapple		Fruit	Peaches
L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk
P	Grain	(D) String Cheese & Crackers	P	Grain	(W) Sweet Potato Cracker	P	Grain	(W) Graham Crackers	P	Grain	(W) Original Animal Cracker	P	Grain	Wheat Crackers
	Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
	Meat / Meat alt.	(W) Cereal, Rice Crispies		Grains / Meat / Alt	Mini Pancakes		Grains / Meat / Alt	Bagel w/ Cream Cheese		Grains / Meat / Alt	(W) Banana Muffin		Grains / Meat / Alt	Apple Filled Pancakes
	Veg/ Fruit	Banana		Veg/ Fruit	Cantelope Melon		Veg/ Fruit	Apple Slices		Veg/ Fruit	Kiwi, Fresh		Veg/ Fruit	(C) Orange, Fresh
B	Milk	Whole Milk or 1 % Milk	B	Milk	Whole Milk or 1 % Milk	B	Milk	Whole Milk or 1 % Milk	B	Milk	Whole Milk or 1 % Milk	B	Milk	Whole Milk or 1 % Milk
	Meat / Alt	Turkey Franks		Meat / Alt	(W) Chicken Noodle Soup Chicken Breast		Meat / Alt	BBQ Steak Flatbread Steak / Mozzarella Cheese		Meat / Alt	(D) (W) Macaroni & Cheese		Meat / Alt	(D) (W) Grill Cheese
	Grain	(W) WG Hot Dog Bun		Grain	(W) WG Rotini Noodle		Grain	(W) WG Flatbread		Grain	(W) WG Rotini Noodles		Grain	(W) WG Sliced Bread
	Veg	Veggie Baked Beans		Veg	Broccoli Medley		Veg	Mixed Vegetable		Veg	Broccoli Medley		Veg	Tomato Basil Soup
	Fruit	Pears		Fruit	(C) Mandarin Oranges		Fruit	(C) Fruit Cocktail		Fruit	(C) Pineapple		Fruit	Peaches
L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk
P	Grain	(D) String Cheese & Crackers	P	Grain	(W) Cinnamon Crackers	P	Grain	(W) Cheese Crackers	P	Grain	WG Maple Cracker	P	Grain	Pizza Crackers
	Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
	Grains / Meat / Alt	(W) Cereal, Corn Flakes		Grains / Meat / Alt	Cinnamon French Toast		Grains / Meat / Alt	English Muffin w/ Jelly		Grains / Meat / Alt	(W) Corn Muffin		Grains / Meat / Alt	Egg Scramble / w/ Turkey Sausage & Cheddar
	Veg/ Fruit	Banana		Veg/ Fruit	Cantelope Melon		Veg/ Fruit	Apple Slices		Veg/ Fruit	Kiwi, Fresh		Veg/ Fruit	(C) Orange, Fresh
B	Milk	Whole Milk or 1 % Milk	B	Milk	Whole Milk or 1 % Milk	B	Milk	Whole Milk or 1 % Milk	B	Milk	Whole Milk or 1 % Milk	B	Milk	Whole Milk or 1 % Milk
	Meat / Alt	(D) (W) (B) Beef Meatsauce / Mozzarella		Meat / Alt	(W) Chicken Sandwich Chicken Patty		Meat / Alt	Turkey Pepperoni Flatbread Turkeyroni / Mozzarella Cheese		Meat / Alt	3 Bean Chili Beef / Beans		Meat / Alt	(B) Sloppy Joe Ground Beef
	Grain	(W) WG Noodle		Grain	(W) WG Hamburger Roll		Grain	(W) WG Flatbread		Grain	WG Brown Rice		Grain	(W) WG Hamburger Roll
	Veg	Mixed Vegetable		Veg	Broccoli Medley		Veg	Mixed Vegetable		Veg	Mixed Vegetables		Veg	Broccoli Medley
	Fruit	Pears		Fruit	(C) Mandarin Oranges		Fruit	(C) Fruit Cocktail		Fruit	(C) Pineapple		Fruit	Peaches
L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk
P	Grain	(D) String Cheese & Crackers	P	Grain	(W) Sweet Potato Cracker	P	Grain	(W) Graham Crackers	P	Grain	(W) Original Animal Cracker	P	Grain	Wheat Crackers
	Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
	Grains / Meat / Alt	(W) Cereal, Rice Crispies		Grains / Meat / Alt	Mini Pancakes		Grains / Meat / Alt	English Muffin w/ Jelly		Grains / Meat / Alt	(W) Corn Muffin		Grains / Meat / Alt	Egg Scramble / w/ Turkey Sausage & Cheddar
	Veg/ Fruit	Banana		Veg/ Fruit	Cantelope Melon		Veg/ Fruit	Apple Slices		Veg/ Fruit	Kiwi, Fresh		Veg/ Fruit	(C) Orange, Fresh
B	Milk	Whole Milk or 1 % Milk	B	Milk	Whole Milk or 1 % Milk	B	Milk	Whole Milk or 1 % Milk	B	Milk	Whole Milk or 1 % Milk	B	Milk	Whole Milk or 1 % Milk
	Meat / Alt	(B) Meatball w/ Gravy		Meat / Alt	(W) Chicken Noodle Soup Chicken Breast		Meat / Alt	Turkey Pepperoni Flatbread Turkeyroni / Mozzarella Cheese		Meat / Alt	3 Bean Chili Beef / Beans		Meat / Alt	(B) Sloppy Joe Ground Beef
	Grain	(W) WG Rotini Noodle		Grain	(W) WG Roll		Grain	(W) WG Flatbread		Grain	WG Brown Rice		Grain	(W) WG Hamburger Roll
	Veg	Mixed Vegetable		Veg	Broccoli Medley		Veg	Mixed Vegetable		Veg	Mixed Vegetables		Veg	Broccoli Medley
	Fruit	Pears		Fruit	(C) Mandarin Oranges		Fruit	(C) Fruit Cocktail		Fruit	(C) Pineapple		Fruit	Peaches
L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk	L / D	Milk	1% or Whole Milk
P	Grain	(D) String Cheese & Crackers	P	Grain	(W) Cinnamon Crackers	P	Grain	(W) Graham Crackers	P	Grain	(W) Original Animal Cracker	P	Grain	Wheat Crackers
	Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch

FOR ANY QUESTIONS OR CONCERNS PLEASE TEXT (267) 244 - 9730

FOOD TEMPERATURE LOG



ACAW Enterprise
Childcare Food Service & Manufacturing

HOT FOODS SHOULD BE KEPT AT A TEMPERATURE OF **140 DEGREES OR ABOVE**
COLD FOODS SHOULD BE KEPT AT A TEMPERATURE OF **40 DEGREES OR BELOW.**

Month / Year :

NOVEMBER

2023

Center Name:

Date	FOOD ITEM # 1	TEMPERATURE	FOOD ITEM # 2	TEMPERATURE	FOOD ITEM # 3	TEMPERATURE	STAFF SIGNATURE
		At Serving		At Serving		At Serving	
		At Serving		At Serving		At Serving	
11 / 1	CHICKEN ALFREDO FLATBREAD	At Serving	MIXED VEGETABLE	At Serving		At Serving	
11 / 2	MACARONI & CHEESE	At Serving	BROCCOLLI MEDLEY	At Serving		At Serving	
11 / 3	GRILLED CHEESE	At Serving	TOMATO BASIL SOUP	At Serving		At Serving	
11 / 6	BEEF MEATSAUCE W/ WG NOODLES	At Serving	MIXED VEGETABLE	At Serving		At Serving	
11 / 7	CHICKEN PATTY	At Serving	BROCCOLLI MEDLEY	At Serving		At Serving	
11 / 8	TACO - SEASONED MEAT	At Serving	TACO - TOPPINGS	At Serving		At Serving	
11 / 9	3 BEAN VEGGIE CHILLI W/ BEEF	At Serving	WG RICE	At Serving		At Serving	
11 / 10	SLOPPY JOE (BEEF)	At Serving	BROCCOLLI MEDLEY	At Serving		At Serving	
11 / 13	TURKEY FRANKS	At Serving	VEGGIE BAKED BEANS	At Serving		At Serving	
11 / 14	CHICKEN NOODLE SOUP	At Serving	BROCCOLLI MEDLEY	At Serving		At Serving	
11 / 15	BBQ STEAK FLATBREAD	At Serving	MIXED VEGETABLE	At Serving		At Serving	
11 / 16	MACARONI & CHEESE	At Serving	BROCCOLLI MEDLEY	At Serving		At Serving	
11 / 17	GRILLED CHEESE	At Serving	TOMATO BASIL SOUP	At Serving		At Serving	
11 / 20	BEEF MEATSAUCE W/ WG NOODLES	At Serving	MIXED VEGETABLE	At Serving		At Serving	
11 / 21	CHICKEN PATTY	At Serving	BROCCOLLI MEDLEY	At Serving		At Serving	
11 / 22	TACO - SEASONED MEAT	At Serving	TACO - TOPPINGS	At Serving		At Serving	
11 / 23	3 BEAN VEGGIE CHILLI W/ BEEF	At Serving	WG RICE	At Serving		At Serving	
11 / 24	SLOPPY JOE (BEEF)	At Serving	BROCCOLLI MEDLEY	At Serving		At Serving	
11 / 27	MEATBALL W/ GRAVY	At Serving	WG NOODLE	At Serving	MIXED VEGETABLE	At Serving	
11 / 28	CHICKEN NOODLE SOUP	At Serving	BROCCOLLI MEDLEY	At Serving		At Serving	
11 / 29	CHICKEN ALFREDO FLATBREAD	At Serving	MIXED VEGETABLE	At Serving		At Serving	
11 / 30	MACARONI & CHEESE	At Serving	BROCCOLLI MEDLEY	At Serving		At Serving	
		At Serving		At Serving		At Serving	



ACAW Enterprise
Childcare Food Service & Manufacturing

INFANT MENU

DIRECTIONS: Please fill out the information as stated below. In the "Time Served" column you will indicate what time the child was served that meal.

UPDATED : 09/012023

CHILD NAME: _____

Center Name: _____

CHILD BIRTHDATE: _____ / _____ / _____

Week of : _____ / _____ / _____ to _____ / _____ / _____

INFANTS (0 - 5 MONTHS)															
	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served
Breakfast	Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.	
Lunch	Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.	
Snack	Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.		Iron Fortified Formula	4 - 6 oz.	

INFANTS (6 - 11 MONTHS)															
	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served	Meal	Serving Size	Time Served
Breakfast	Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.	
	Oatmeal	4 tbsp.		Oatmeal	4 tbsp.		Oatmeal	4 tbsp.		Oatmeal	4 tbsp.		Oatmeal	4 tbsp.	
	Pears	2 tbsp.		Apple	2 tbsp.		Pears	2 tbsp.		Apple	2 tbsp.		Pears	2 tbsp.	
Lunch	Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.		Iron Fortified Formula	6 - 8 oz.	
	Rice	4 tbsp.		Rice	4 tbsp.		Rice	4 tbsp.		Rice	4 tbsp.		Rice	4 tbsp.	
	Sweet Potato	2 tbsp.		Peas	2 tbsp.		Green Beans	2 tbsp.		Carrots	2 tbsp.		Butternut Squash	2 tbsp.	
Snack	Iron Fortified Formula	2 - 4 oz.		Iron Fortified Formula	2 - 4 oz.		Iron Fortified Formula	2 - 4 oz.		Iron Fortified Formula	2 - 4 oz.		Iron Fortified Formula	2 - 4 oz.	
	Gerber Puff Snack	1 oz.		Gerber Puff Snack	1 oz.		Gerber Puff Snack	1 oz.		Gerber Puff Snack	1 oz.		Gerber Puff Snack	1 oz.	
	Pears	2 tbsp.		Banana	2 tbsp.		Pears	2 tbsp.		Banana	2 tbsp.		Pears	2 tbsp.	