

# STANDARD MENU

4 - WEEK ROTATING MENU

MONTH: FEBRUARY  
YEAR: 2024

CENTER:



ACAW Enterprise  
Childcare Food Service & Manufacturing

MENU KEY:	
(D)	= Dairy
(B)	= Beef
(E)	= Egg
(C)	= Citrus
(W)	= Wheat

					MILK DELIVERY					
					THURSDAY					
					1	Grains / Meat / Alt	(W) Muffin, Corn	2	Grains / Meat / Alt	FRIDAY
						Veg/ Fruit	Kiwi, Fresh		Veg/ Fruit	Scrambled Eggs / w/ Turkey Sausage
						Milk	Whole Milk or 1 % Milk		Milk	(C) Orange , Fresh
					B	Meat / Alt	Turkey / Veggie Chili Turkey / Beans	B	Meat / Alt	Whole Milk or 1 % Milk
						Grain	WG Brown Rice		Grain	Grilled Cheese
						Veg	Carrots / Corn		Veg	WG Sliced Bread
						Fruit	(C) Pineapple		Fruit	Tomato Basil Soup
					L / D	Milk	1% or Whole Milk	L / D	Milk	Peaches
						Grain	(W) Original Animal Cracker		Grain	1% or Whole Milk
					P	Fruit	100% Fruit Punch	P	Fruit	Wheat Crackers
										100% Fruit Punch

					MILK DELIVERY									
					THURSDAY									
5		MONDAY	6		TUESDAY	7		WEDNESDAY	8		THURSDAY	9		FRIDAY
	Meat / Meat alt.	(W) Cereal, Rice Crispies		Grains / Meat / Alt	WG Pancakes		Grains / Meat / Alt	Bagel w/ Cream Cheese		Grains / Meat / Alt	(W) Muffin, Banana		Grains / Meat / Alt	WG Cinnamon French Toast
	Veg/ Fruit	Banana		Veg/ Fruit	Cantelope Melon		Veg/ Fruit	Apple Slices		Veg/ Fruit	Kiwi, Fresh		Veg/ Fruit	(C) Orange , Fresh
	Milk	Whole Milk or 1 % Milk		Milk	Whole Milk or 1 % Milk		Milk	Whole Milk or 1 % Milk		Milk	Whole Milk or 1 % Milk		Milk	Whole Milk or 1 % Milk
	Meat / Alt	(W) Turkey Stroganoff Ground Turkey		Meat / Alt	(W) Sweet & Sour Chicken		Meat / Alt	Chicken Alfredo Flatbread Chicken Breast / Mozzarella Cheese		Meat / Alt	(D) (W) Macaroni & Cheese		Meat / Alt	Grilled Chicken Breast
	Grain	(W) WG Noodle		Grain	WG Brown Rice		Grain	(W) WG Flatbread		Grain	(W) WG Rotini Noodles		Grain	WG Served for Breakfast
	Veg	String Beans		Veg	Cauliflower Medley		Veg	Broccoli		Veg	Sliced Carrots		Veg	Sweet Potao Mash
	Fruit	Pears		Fruit	(C) Mandarin Oranges		Fruit	(C) Fruit Cocktail		Fruit	(C) Pineapple		Fruit	Peaches
	Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk
	Grain	WG Cracker, Veggie		Grain	(W) Cinnamon Crackers		Grain	(W) Cheese Crackers		Grain	WG Maple Cracker		Grain	WG Cracker, Vanilla
	Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch

					MILK DELIVERY									
					THURSDAY									
12		MONDAY	13		TUESDAY	14		WEDNESDAY	15		THURSDAY	16		FRIDAY
	Grains / Meat / Alt	(W) Cereal, Corn Flakes		Grains / Meat / Alt	WG Waffle		Grains / Meat / Alt	English Muffin w/ Jelly		Grains / Meat / Alt	(W) Muffin, Corn		Grains / Meat / Alt	Scrambled Eggs / w/ Turkey Sausage
	Veg/ Fruit	Banana		Veg/ Fruit	Cantelope Melon		Veg/ Fruit	Apple Slices		Veg/ Fruit	Kiwi, Fresh		Veg/ Fruit	(C) Orange , Fresh
	Milk	Whole Milk or 1 % Milk		Milk	Whole Milk or 1 % Milk		Milk	Whole Milk or 1 % Milk		Milk	Whole Milk or 1 % Milk		Milk	Whole Milk or 1 % Milk
	Meat / Alt	(W) Baked Ziti Ground Turkey		Meat / Alt	(W) Chicken Casserole Chicken Breast		Meat / Alt	Turkey Pepperoni Flatbread Turkeyoni / Mozzarella Cheese		Meat / Alt	Salsbury Steak , Beef		Meat / Alt	Sloppy Joe , Turkey
	Grain	(W) WG Noodle		Grain	(W) WG Noodle		Grain	(W) WG Flatbread		Grain	WG Served for Breakfast		Grain	WG Dinner Roll
	Veg	String Beans		Veg	Cauliflower Medley		Veg	Broccoli		Veg	Mashed Potatoo		Veg	Sliced Carrots
	Fruit	Pears		Fruit	(C) Mandarin Oranges		Fruit	(C) Fruit Cocktail		Fruit	(C) Pineapple		Fruit	Peaches
	Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk
	Grain	(D) String Cheese & Crackers		Grain	(W) Sweet Potato Cracker		Grain	(W) Graham Crackers		Grain	(W) Original Animal Cracker		Grain	Wheat Crackers
	Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch

					MILK DELIVERY									
					THURSDAY									
19		MONDAY	20		TUESDAY	21		WEDNESDAY	22		THURSDAY	23		FRIDAY
	Grains / Meat / Alt	(W) Cereal, Rice Crispies		Grains / Meat / Alt	WG Pancakes		Grains / Meat / Alt	Bagel w/ Cream Cheese		Grains / Meat / Alt	(W) Muffin, Blueberry		Grains / Meat / Alt	WG Cinnamon French Toast
	Veg/ Fruit	Banana		Veg/ Fruit	Cantelope Melon		Veg/ Fruit	Apple Slices		Veg/ Fruit	Kiwi, Fresh		Veg/ Fruit	(C) Orange , Fresh
	Milk	Whole Milk or 1 % Milk		Milk	Whole Milk or 1 % Milk		Milk	Whole Milk or 1 % Milk		Milk	Whole Milk or 1 % Milk		Milk	Whole Milk or 1 % Milk
	Meat / Alt	(W) Turkey Stroganoff Ground Turkey		Meat / Alt	(W) Pulled BBQ Chicken		Meat / Alt	BBQ Chicken Flatbread Chicken Breast / Mozzarella Cheese		Meat / Alt	(D) (W) Macaroni & Cheese		Meat / Alt	Cowboy Beans Veggie Crumble
	Grain	(W) WG Noodle		Grain	WG Dinner Roll		Grain	(W) WG Flatbread		Grain	(W) WG Rotini Noodles		Grain	WG Dinner Roll
	Veg	String Beans		Veg	Cauliflower Medley		Veg	Broccoli		Veg	Sliced Carrots		Veg	Veggie Baked Beans
	Fruit	Pears		Fruit	(C) Mandarin Oranges		Fruit	(C) Fruit Cocktail		Fruit	(C) Pineapple		Fruit	Peaches
	Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk
	Grain	WG Cracker, Veggie		Grain	(W) Cinnamon Crackers		Grain	(W) Cheese Crackers		Grain	WG Maple Cracker		Grain	WG Cracker, Vanilla
	Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch

					MILK DELIVERY									
					THURSDAY									
26		MONDAY	27		TUESDAY	28		WEDNESDAY	29		THURSDAY			
	Grains / Meat / Alt	(W) Cereal, Corn Flakes		Grains / Meat / Alt	WG Waffle		Grains / Meat / Alt	English Muffin w/ Jelly		Grains / Meat / Alt	(W) Muffin, Corn			
	Veg/ Fruit	Banana		Veg/ Fruit	Cantelope Melon		Veg/ Fruit	Apple Slices		Veg/ Fruit	Kiwi, Fresh			
	Milk	Whole Milk or 1 % Milk		Milk	Whole Milk or 1 % Milk		Milk	Whole Milk or 1 % Milk		Milk	Whole Milk or 1 % Milk			
	Meat / Alt	(W) Baked Ziti Ground Turkey		Meat / Alt	(W) Chicken Noodle Soup Chicken Breast		Meat / Alt	Seasoned Taco Meat (Turkey) / Cheddar Cheese		Meat / Alt	Turkey / Veggie Chili Turkey / Beans			
	Grain	(W) WG Noodle		Grain	(W) WG Roll		Grain	(W) WG Tortilla Wrap		Grain	WG Brown Rice			
	Veg	String Beans		Veg	Cauliflower Medley		Veg	Tomato Salsa / Lettuce		Veg	Carrots / Corn			
	Fruit	Pears		Fruit	(C) Mandarin Oranges		Fruit	(C) Fruit Cocktail		Fruit	(C) Pineapple			
	Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk		Milk	1% or Whole Milk			
	Grain	(D) String Cheese & Crackers		Grain	(W) Sweet Potato Cracker		Grain	(W) Graham Crackers		Grain	(W) Original Animal Cracker			
	Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch		Fruit	100% Fruit Punch			

FOR ANY QUESTIONS OR CONCERNS PLEASE TEXT (267) 244 - 9730