

STANDARD MENU

4 - WEEK ROTATING MENU

MONTH: MARCH  
YEAR : 2024

CENTER:



ACAW Enterprise  
Childcare Food Service & Manufacturing

| MENU KEY:    |  |
|--------------|--|
| (D) = Dairy  |  |
| (B) = Beef   |  |
| (E) = Egg    |  |
| (C) = Citrus |  |
| (W) = Wheat  |  |

| MILK DELIVERY |  |  |  |  |  |  |  |  |  | 1     | FRIDAY              |                                    |
|---------------|--|--|--|--|--|--|--|--|--|-------|---------------------|------------------------------------|
|               |  |  |  |  |  |  |  |  |  |       | Grains / Meat / Alt | Scrambled Eggs / w/ Turkey Sausage |
|               |  |  |  |  |  |  |  |  |  |       | Veg/ Fruit          | (C) Orange , Fresh                 |
|               |  |  |  |  |  |  |  |  |  | B     | Milk                | Whole Milk or 1 % Milk             |
|               |  |  |  |  |  |  |  |  |  |       | Meat / Alt          | Grilled Cheese                     |
|               |  |  |  |  |  |  |  |  |  |       | Grain               | WG Sliced Bread                    |
|               |  |  |  |  |  |  |  |  |  |       | Veg                 | Tomato Basil Soup                  |
|               |  |  |  |  |  |  |  |  |  |       | Fruit               | Peaches                            |
|               |  |  |  |  |  |  |  |  |  | L / D | Milk                | 1% or Whole Milk                   |
|               |  |  |  |  |  |  |  |  |  |       | Grain               | Wheat Crackers                     |
|               |  |  |  |  |  |  |  |  |  | P     | Fruit               | 100% Fruit Punch                   |

| MILK DELIVERY |  |  |  |  |  |  |  |  |  | 4     | MONDAY           |                                     | 5 | TUESDAY             |                 | 6                        | WEDNESDAY           |                       | 7          | THURSDAY                           |                    | 8     | FRIDAY              |                             |
|---------------|--|--|--|--|--|--|--|--|--|-------|------------------|-------------------------------------|---|---------------------|-----------------|--------------------------|---------------------|-----------------------|------------|------------------------------------|--------------------|-------|---------------------|-----------------------------|
|               |  |  |  |  |  |  |  |  |  |       | Meat / Meat alt. | (W) Cereal, Rice Crispies           |   | Grains / Meat / Alt | WG Pancakes     |                          | Grains / Meat / Alt | Bagel w/ Cream Cheese |            | Grains / Meat / Alt                | (W) Muffin, Banana |       | Grains / Meat / Alt | WG Cinnamon French Toast    |
|               |  |  |  |  |  |  |  |  |  |       | Veg/ Fruit       | Banana                              |   | Veg/ Fruit          | Cantelope Melon |                          | Veg/ Fruit          | Apple Slices          |            | Veg/ Fruit                         | Kiwi, Fresh        |       | Veg/ Fruit          | (C) Orange , Fresh          |
|               |  |  |  |  |  |  |  |  |  | B     | Milk             | Whole Milk or 1 % Milk              |   | B                   | Milk            | Whole Milk or 1 % Milk   |                     | B                     | Milk       | Whole Milk or 1 % Milk             |                    | B     | Milk                | Whole Milk or 1 % Milk      |
|               |  |  |  |  |  |  |  |  |  |       | Meat / Alt       | (W) Turkey Stroganoff Ground Turkey |   |                     | Meat / Alt      | (W) Sweet & Sour Chicken |                     |                       | Meat / Alt | Cheese Flatbread Mozzarella Cheese |                    |       | Meat / Alt          | Grilled Chicken Breast      |
|               |  |  |  |  |  |  |  |  |  |       | Grain            | (W) WG Noodle                       |   |                     | Grain           | WG Brown Rice            |                     |                       | Grain      | (W) WG Flatbread                   |                    |       | Grain               | WG Dinner Roll              |
|               |  |  |  |  |  |  |  |  |  |       | Veg              | String Beans                        |   |                     | Veg             | Cauliflower Medley       |                     |                       | Veg        | Broccoli                           |                    |       | Veg                 | Sweet Potato Mash           |
|               |  |  |  |  |  |  |  |  |  |       | Fruit            | Pears                               |   |                     | Fruit           | (C) Mandarin Oranges     |                     |                       | Fruit      | (C) Fruit Cocktail                 |                    |       | Fruit               | Peaches                     |
|               |  |  |  |  |  |  |  |  |  | L / D | Milk             | 1% or Whole Milk                    |   | L / D               | Milk            | 1% or Whole Milk         |                     | L / D                 | Milk       | 1% or Whole Milk                   |                    | L / D | Milk                | 1% or Whole Milk            |
|               |  |  |  |  |  |  |  |  |  |       | Grain            | WG Cracker, Veggie                  |   |                     | Grain           | (W) Cinnamon Crackers    |                     |                       | Grain      | (W) Cheese Crackers                |                    |       | Grain               | WG Cracker, Cinnamon Churro |
|               |  |  |  |  |  |  |  |  |  | P     | Fruit            | 100% Fruit Punch                    |   | P                   | Fruit           | 100% Fruit Punch         |                     | P                     | Fruit      | 100% Fruit Punch                   |                    | P     | Fruit               | 100% Fruit Punch            |

| MILK DELIVERY |  |  |  |  |  |  |  |  |  | 11    | MONDAY              |                              | 12 | TUESDAY             |                 | 13                                   | WEDNESDAY           |                         | 14         | THURSDAY   |                  | 15    | FRIDAY              |                                    |
|---------------|--|--|--|--|--|--|--|--|--|-------|---------------------|------------------------------|----|---------------------|-----------------|--------------------------------------|---------------------|-------------------------|------------|--|------------------|-------|---------------------|------------------------------------|
|               |  |  |  |  |  |  |  |  |  |       | Grains / Meat / Alt | (W) Cereal, Corn Flakes      |    | Grains / Meat / Alt | WG Waffle       |                                      | Grains / Meat / Alt | English Muffin w/ Jelly |            | Grains / Meat / Alt                                      | (W) Muffin, Corn |       | Grains / Meat / Alt | Scrambled Eggs / w/ Turkey Sausage |
|               |  |  |  |  |  |  |  |  |  | 20    | Veg/ Fruit          | Banana                       |    | Veg/ Fruit          | Cantelope Melon |                                      | Veg/ Fruit          | Apple Slices            |            | Veg/ Fruit   | Kiwi, Fresh      |       | Veg/ Fruit          | (C) Orange , Fresh                 |
|               |  |  |  |  |  |  |  |  |  |       | Milk                | Whole Milk or 1 % Milk       |    | B                   | Milk            | Whole Milk or 1 % Milk               |                     | B                       | Milk       | Whole Milk or 1 % Milk                                   |                  | B     | Milk                | Whole Milk or 1 % Milk             |
|               |  |  |  |  |  |  |  |  |  |       | Meat / Alt          | (W) Baked Ziti Ground Turkey |    |                     | Meat / Alt      | (W) Chicken Casserole Chicken Breast |                     |                         | Meat / Alt | Turkey Pepperoni Flatbread Turkeyoni / Mozzarella Cheese |                  |       | Meat / Alt          | Sloppy Joe , Turkey                |
|               |  |  |  |  |  |  |  |  |  |       | Grain               | (W) WG Noodle                |    |                     | Grain           | (W) WG Noodle                        |                     |                         | Grain      | (W) WG Flatbread   |                  |       | Grain               | WG Sliced Bread                    |
|               |  |  |  |  |  |  |  |  |  |       | Veg                 | String Beans                 |    |                     | Veg             | Cauliflower Medley                   |                     |                         | Veg        | Broccoli   |                  |       | Veg                 | Sliced Carrots                     |
|               |  |  |  |  |  |  |  |  |  |       | Fruit               | Pears                        |    |                     | Fruit           | (C) Mandarin Oranges                 |                     |                         | Fruit      | (C) Fruit Cocktail                                       |                  |       | Fruit               | Peaches                            |
|               |  |  |  |  |  |  |  |  |  | L / D | Milk                | 1% or Whole Milk             |    | L / D               | Milk            | 1% or Whole Milk                     |                     | L / D                   | Milk       | 1% or Whole Milk   |                  | L / D | Milk                | 1% or Whole Milk                   |
|               |  |  |  |  |  |  |  |  |  |       | Grain               | (D) String Cheese & Crackers |    |                     | Grain           | (W) Sweet Potato Cracker             |                     |                         | Grain      | (W) Graham Crackers                                      |                  |       | Grain               | Wheat Crackers                     |
|               |  |  |  |  |  |  |  |  |  | P     | Fruit               | 100% Fruit Punch             |    | P                   | Fruit           | 100% Fruit Punch                     |                     | P                       | Fruit      | 100% Fruit Punch   |                  | P     | Fruit               | 100% Fruit Punch                   |

| 18    |                                     | MONDAY |  | 19 |                                   | TUESDAY |  | 20 |  | WEDNESDAY |  | 21 |                                | THURSDAY |  | 22 |                                   | FRIDAY |  |
|-------|-------------------------------------|--------|--|----|-----------------------------------|---------|--|----|--|-----------|--|----|--------------------------------|----------|--|----|-----------------------------------|--------|--|
|       | Grains / (W) Cereal, Rice Crispies  |        |  |    | Grains / WG Pancakes              |         |  |    | Grains / Bagel w/ Cream Cheese                           |           |  |    | Grains / (W) Muffin, Blueberry |          |  |    | Grains / WG Cinnamon French Toast |        |  |
|       | Veg/ Fruit Banana                   |        |  |    | Veg/ Fruit Cantelope Melon        |         |  |    | Veg/ Fruit Apple Slices                                  |           |  |    | Veg/ Fruit Kiwi, Fresh         |          |  |    | Veg/ Fruit (C) Orange , Fresh     |        |  |
| B     | Milk Whole Milk or 1 % Milk         | B      |  |    | Milk Whole Milk or 1 % Milk       | B       |  |    | Milk Whole Milk or 1 % Milk                              | B         |  |    | Milk Whole Milk or 1 % Milk    | B        |  |    | Milk Whole Milk or 1 % Milk       |        |  |
| L / D | (W) Turkey Stroganoff Ground Turkey |        |  |    | Meat / Alt (W) Pulled BBQ Chicken |         |  |    | BBQ Chicken Flatbread Chicken Breast / Mozzarella Cheese |           |  |    | (D) (W) Macaroni & Cheese      |          |  |    | Cowboy Beans Ground Turkey        |        |  |
|       | Grain (W) WG Noodle                 |        |  |    | Grain WG Dinner Roll              |         |  |    | Grain (W) WG Flatbread                                   |           |  |    | Grain (W) WG Rotini Noodles    |          |  |    | Grain WG Dinner Roll              |        |  |
|       | Veg String Beans                    |        |  |    | Veg Cauliflower Medley            |         |  |    | Veg Broccoli   |           |  |    | Veg Sliced Carrots             |          |  |    | Veg Veggie Baked Beans            |        |  |
|       | Fruit Pears                         |        |  |    | Fruit (C) Mandarin Oranges        |         |  |    | Fruit ( C ) Fruit Cocktail                               |           |  |    | Fruit (C) Pineapple            |          |  |    | Fruit Peaches                     |        |  |
|       | Milk 1% or Whole Milk               |        |  |    | Milk 1% or Whole Milk             |         |  |    | Milk 1% or Whole Milk                                    |           |  |    | Milk 1% or Whole Milk          |          |  |    | Milk 1% or Whole Milk             |        |  |
|       | Grain WG Cracker, Veggie            |        |  |    | Grain (W) Cinnamon Crackers       |         |  |    | Grain (W) Cheese Crackers                                |           |  |    | Grain WG Maple Cracker         |          |  |    | Grain WG Cracker, Cinnamon Churro |        |  |
| P     | Fruit 100% Fruit Punch              | P      |  |    | Fruit 100% Fruit Punch            | P       |  |    | Fruit 100% Fruit Punch                                   | P         |  |    | Fruit 100% Fruit Punch         | P        |  |    | Fruit 100% Fruit Punch            |        |  |

| 25    |            |                              | MONDAY |            | 26                                     | TUESDAY |            | 27   | WEDNESDAY |            | 28                                   | THURSDAY |            | 29                                 | FRIDAY |  |
|-------|------------|------------------------------|--------|------------|--|---------|------------|--|-----------|------------|--------------------------------------|----------|------------|------------------------------------|--------|--|
|       | Grains /   | (W) Cereal, Corn Flakes      |        | Grains /   | WG Waffle                              |         | Grains /   | English Muffin w/ Jelly                      |           | Grains /   | (W) Muffin, Corn                     |          | Grains /   | Scrambled Eggs / w/ Turkey Sausage |        |  |
|       | Veg/ Fruit | Banana                       |        | Veg/ Fruit | Cantelope Melon                        |         | Veg/ Fruit | Apple Slices                                 |           | Veg/ Fruit | Kiwi, Fresh                          |          | Veg/ Fruit | (C) Orange, Fresh                  |        |  |
| B     | Milk       | Whole Milk or 1 % Milk       | B      | Milk       | Whole Milk or 1 % Milk                 | B       | Milk       | Whole Milk or 1 % Milk                       | B         | Milk       | Whole Milk or 1 % Milk               | B        | Milk       | Whole Milk or 1 % Milk             |        |  |
|       | Meat / Alt | (W) Baked Ziti Ground Turkey |        | Meat / Alt | (W) Chicken Noodle Soup Chicken Breast |         | Meat / Alt | Seasoned Taco Meat (Turkey) / Cheddar Cheese |           | Meat / Alt | Turkey / Veggie Chili Turkey / Beans |          | Meat / Alt | Sorry - We're CLOSED               |        |  |
|       | Grain      | (W) WG Noodle                |        | Grain      | (W) WG Roll                            |         | Grain      | (W) WG Tortilla Wrap                         |           | Grain      | WG Brown Rice                        |          | Grain      |                                    |        |  |
|       | Veg        | String Beans                 |        | Veg        | Cauliflower Medley                     |         | Veg        | Tomato Salsa / Lettuce                       |           | Veg        | Carrots / Corn                       |          | Veg        |                                    |        |  |
|       | Fruit      | Pears                        |        | Fruit      | (C) Mandarin Oranges                   |         | Fruit      | ( C ) Fruit Cocktail                         |           | Fruit      | (C) Pineapple                        |          | Fruit      |                                    |        |  |
| L / D | Milk       | 1% or Whole Milk             | L / D  | Milk       | 1% or Whole Milk                       | L / D   | Milk       | 1% or Whole Milk                             | L / D     | Milk       | 1% or Whole Milk                     | L / D    | Milk       |                                    |        |  |
| P     | Grain      | (D) String Cheese & Crackers | P      | Grain      | (W) Sweet Potato Cracker               | P       | Grain      | (W) Graham Crackers                          | P         | Grain      | (W) Original Animal Cracker          | P        | Grain      | Wheat Crackers                     |        |  |
|       | Fruit      | 100% Fruit Punch             |        | Fruit      | 100% Fruit Punch                       | P       | Fruit      | 100% Fruit Punch                             | P         | Fruit      | 100% Fruit Punch                     | P        | Fruit      | 100% Fruit Punch                   |        |  |



FOR ANY QUESTIONS OR  
CONCERNS PLEASE TEXT  
(267) 244 - 9730