170 HI UI. April 2027							(000)000	
Monday		Tuesday		Wednesday		Thursday		Friday
1	2		3		4		5	
L: Egg Salad, Buns -	Ŀ	Beef Ground, Tortilla		L: Beef Ground, Brown Rice,		Beef Ground, Macaroni		L: Beef Ground, Brown Rice,
Whole Grain (1oz/28g)(WG),		Chips - WGR (1 oz/28g)		WG (1oz eq/28 gm/1/2c)		Noodles (1oz eq/28g), Tomato		WG (1oz eq/28 gm/1/2c)
Garden Salad, Applesauce,		(WG), Black Beans,		(WG), Broccoli, Pear, canned		Sauce / Paste, Tropical Fruit,		(WG), Mixed Vegetables,
Lowfat Milk - 1%		Mandarin Oranges, #10 can,		#10, Lowfat Milk - 1%		Lowfat Milk - 1%		Peaches / Nectarines, Lowfat
		Lowfat Milk - 1%						Milk - 1%
Egg Salad Sandwich		Taco Salad		Broccoli Cheddar Casserole		Goulash		Beef Stir Fry
D: Object de la Characte	D: -	Today Count Brown	D:	Deaf Owned Manageri	D:	Deef Occurred Decour Disc	D:	Objeten Deserte Deserte
D: Cheddar Cheese,	D:	Turkey Ground, Brown	D.	Beef Ground, Macaroni	D:	Beef Ground, Brown Rice,	D:	Chicken Breasts, Brown
Macaroni Noodles (1oz		Rice, WG (1oz eq/28		Noodles (1oz eq/28g), Tomato		WG (1oz eq/28 gm/1/2c)		Rice, WG (1oz eq/28
eq/28g), Mixed Vegetables,		gm/1/2c)(WG), Corn,		Sauce / Paste, Tropical Fruit,		(WG), Mixed Vegetables,		gm/1/2c)(WG), Broccoli,
Applesauce, Lowfat Milk -		Mandarin Oranges, #10 can,		Lowfat Milk - 1%		Tropical Fruit, Lowfat Milk -		Peaches / Nectarines, Lowfat
1% Mac and Cheese		Lowfat Milk - 1% Arroz Con Pavo		Goulash		1% Beef Stir Fry		Milk - 1% Broc Cheddar casserole
8	9	AIIOZ GOII FAVO	10	Goulasii	11	Beel Sui Fly	12	BIOC Criedual Casserole
L: American Cheese	L:	Chicken Breasts, Flour	10	L: Chicken Breasts, Biscuit		Beef Ground, Penne		L: Beef Ground, Buns -
(100% cheese), Bread -	_	Tortillas (1oz eq/28g), Salsa,		- WGR(WG), Mixed		Pasta -WG (1oz eq/28g/1/2c)		Whole Wheat WG (1oz/28g)
100% Whole Wheat(WG),	ı	Applesauce, Lowfat Milk - 1%		Vegetables, Pear, canned		(WG), Tomato Sauce / Paste,		(WG), Mixed Vegetables,
Tomato Soup, Applesauce,		· '		#10, Lowfat Milk - 1%		Peaches / Nectarines, Lowfat		Tropical Fruit, Lowfat Milk -
Lowfat Milk - 1%						Milk - 1%		1%
Grilled Cheese, Tomato Soup		Chicken Tacos		Chicken Pot Pie		Tomato Basil Pasta		Sloppy Joe
D: Kidney Beans, Brown	D:	Turkey Ground, Flour	D:	Beef Ground, Penne	D:	Beef Ground, Buns -	D:	Chicken Breasts, Biscuit
Rice, WG (1oz eq/28		Tortillas (1oz eq/28g), Black		Pasta -WG (1oz eq/28g/1/2c)		Whole Wheat WG (1oz/28g)		- WGR(WG), Mixed
gm/1/2c)(WG), Green		Beans, Applesauce, Lowfat		(WG), Tomato Sauce / Paste,		(WG), Mixed Vegetables,		Vegetables, Tropical Fruit,
Beans, Applesauce, Lowfat		Milk - 1%		Pears, Lowfat Milk - 1%		Peaches / Nectarines, Lowfat		Lowfat Milk - 1%
Milk - 1%				,		Milk - 1%		
Red Beans and Rice		Mexican Lasagna		Tomato Basil Pasta		Sloppy Joes		Chicken Pot Pie

	Monday	Tues	sday		Wednesday		Thursday		Friday
15		16		17		18		19	
	Chickpeas/Hummus,	L: Beef (	Ground, Noodles -		L: Chicken Breasts, Brown	<u> </u>	Beef Ground, Egg		
	Rolls-100% Whole	Other	r, Salsa, Mandarin		Rice, WG (1oz eq/28		Noodles, Mixed Vegetables,		
	Wheat(WG), Garden Salad,	Oranges	s, #10 can, Lowfat		gm/1/2c)(WG), Peas, Pear,		Tropical Fruit, Lowfat Milk -		
	Applesauce, Lowfat Milk -		Milk - 1%		canned #10, Lowfat Milk - 1%		1%		
	1%								
	Roasted Vegetable Salad	Taco F	Pasta		Jamaican Rice and Peas		Beef Stroganoff		
D:	Mozzarella Cheese,	D:	Turkey Ground,	D:	Beef Ground, Egg	D:	Chicken Breasts, Brown		
	Penne Pasta -WG (1oz		Corn Muffin - WGR		Noodles (1ozeq/28gm), Mixed		Rice, WG (1oz/28g)(WG),		
	eq/28g/1/2c)(WG), Mixed	(1oz/34g)(V	VG), Black Beans,		Vegetables, Pear, canned		Mixed Vegetables, Peaches /		
	Vegetables, Mandarin	Applesauce	e, Lowfat Milk - 1%		#10, Lowfat Milk - 1%		Nectarines, Lowfat Milk - 1%		
	Oranges, #10 can, Lowfat								
	Milk - 1%								
	Veggie Alfredo	Tamal	le Pie		Beef Stroganoff		Chicken teriyaki		
22	. L	23		24	1. L	25	L	26	1. 5
-	Cheddar Cheese,		ken Breasts, Flour	-	Chicken Salad, Buns -	L:	Turkey Ground, Penne		L: Beef Ground, Brown Rice,
	Macaroni Noodles (1oz	•	1oz eq/28g), Pinto		Whole Grain (1oz/28g)(WG),		Pasta -WG (1oz eq/28g/1/2c)		WG (1oz eq/28 gm/1/2c)
	eq/28g), Mixed Vegetables,	Beans, Ap	pplesauce, Lowfat		Garden Salad, Pear, canned		(WG), Tomato Sauce / Paste,		(WG), Mixed Vegetables,
	Mandarin Oranges, #10 can,		Milk - 1%		#10, Lowfat Milk - 1%		Peaches / Nectarines, Lowfat		Tropical Fruit, Lowfat Milk -
	Lowfat Milk - 1%						Milk - 1%		1%
	Mac and Cheese	Chicken	n Fajitas		Chicken Salad		Baked Ziti		Dirty Rice
D:	Mozzarella Cheese,	D: Be	ef Ground, Tortilla	D:	Turkey Ground, Penne	D:	Beef Ground, Brown Rice,	D:	Beef Ground, Macaroni
	Lasagna Noodles, Zucchini		s - WGR (1 oz/28g)		Pasta, Tomato Sauce /		WG (1oz/28g)(WG), Mixed		Noodles (1oz eq/28g), Mixed
	Squash, Mandarin Oranges,	(V	VG), Black Beans,		Paste, Pears, Lowfat Milk -		Vegetables, Tropical Fruit,		Vegetables, Peaches /
	#10 can, Lowfat Milk - 1%	Mandarin (	Oranges, #10 can,		1%		Lowfat Milk - 1%		Nectarines, Lowfat Milk - 1%
			Lowfat Milk - 1%						
	Veggie Lasagna	Beef N	lachos		Baked Ziti		Dirty Rice		Chili Mac and Cheese

Monthly Menu Plan

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			(855) 427-2888		
Monday	Tuesday	Wednesday	Thursday	Friday	
29	30				
L: Kidney Beans,	L: Chicken Breasts, Brown				
Cornbread/Corn Muffin (1oz	Rice, WG (1oz eq/28				
eq/34g)(WG), Mixed	gm/1/2c)(WG), Lettuce /				
Vegetables, Mandarin	Salad, fresh, Applesauce,				
Oranges, Lowfat Milk - 1%	Lowfat Milk - 1%				
Veggie Chili	Burrito Bowl				
D: Navy Beans, Rolls-100%	D: Beef Ground, Flour				
Whole Wheat(WG), Sweet	Tortillas (1oz eq/28g), Lettuce				
Potatoes/Yams (not as	/ Salad, fresh, Mandarin				
fries), Applesauce, Lowfat	Oranges, #10 can, Lowfat				
Milk - 1%	Milk - 1%				
Veggie Shephard's Pie	Beef Tacos				