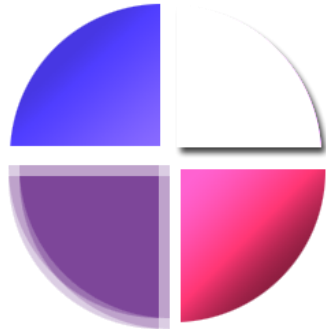


Monthly Menu Plan

Month of: May 2024

Sponsor: CHILD CARE RESOURCES INC.  
(855) 427-2888

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>L: Chicken Breasts, Egg Noodles, Green Beans, Applesauce, Lowfat Milk - 1%</p> <p>Honey Garlic chicken</p>	<p>2</p> <p>L: Beef Ground, Egg Noodles, Mixed Vegetables, Applesauce, Lowfat Milk - 1%</p> <p>Cheeseburger Pasta</p>	<p>3</p> <p>L: Beef Ground, Rice (1oz eq/28gm/1/2c), Mixed Vegetables, Applesauce, Lowfat Milk - 1%</p> <p>Mongolian Beef</p>
		<p>D: Beef Ground, Macaroni Noodles (1oz eq/28g), Mixed Vegetables, Mandarin Oranges, Lowfat Milk - 1%</p> <p>Cheeseburger Pasta</p>	<p>D: Beef Ground, Rice (1oz eq/28gm/1/2c), Broccoli, Oranges / Tangerines / Tangelos, Lowfat Milk - 1%</p> <p>Mongolian Beef</p>	<p>D: Chicken Breasts, Macaroni Noodles (1oz eq/28g), Mixed Vegetables, Pears, Lowfat Milk - 1%</p> <p>Honey Garlic Chicken</p>
<p>6</p> <p>L: Kidney Beans, Brown Rice, WG (1oz/28g)(WG), Peas, Fruit Cocktail (no syrup), Lowfat Milk - 1%</p> <p>Red Beans &amp; Rice</p>	<p>7</p> <p>L: Turkey Ground, Flour Tortillas (1oz eq/28g)(WG), Onions / Onion Rings, Applesauce, Lowfat Milk - 1%</p> <p>Turkey Fajitas 1% or Whole Milk WG Tortillas Turkey Onion, Peppers, Potato Diced Peaches</p>	<p>8</p> <p>L: Beef Ground, Noodles - Other, Tomato Sauce / Paste, Mixed Fruit, Lowfat Milk - 1%</p> <p>Baked Ziti 1% or Whole Milk WG pasta Beef Tomato, Mixed Veg Diced Peas</p>	<p>9</p> <p>L: Chicken Breasts, Cornbread/Corn Muffin - WGR (1oz/34g)(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1%</p> <p>White Chicken Chili 1% or Whole Milk Cornbread Chicken Mixed Vegetables Diced Peas</p>	<p>10</p> <p>L: Beef Ground, Rolls - Wheat(WG), Mashed Potatoes (100% potatoes), Mandarin Oranges, Lowfat Milk - 1%</p> <p>Meatloaf/tomato gravy 1% or Whole Milk Wg Roll Beef Mashed Potatoes apple sauce</p>
<p>D: Black Beans, Muffins, corn (1oz/34g)(WG), Mixed Vegetables, Tropical Fruit, Lowfat Milk - 1%</p> <p>Veggie Chili</p>	<p>D: Chicken Breasts, White Rice, enriched (1oz/28g/1/2c)(WG), Peppers, Green, Mandarin Oranges, Lowfat Milk - 1%</p> <p>Arroz Con Pollo 1% or Whole Milk WG Rice Chicken, Cheese Onion, peppers, Beans Diced Peaches</p>	<p>D: Chicken Breasts, Cornbread/Corn Muffin - WGR (1oz/34g)(WG), Mixed Vegetables, Applesauce, Lowfat Milk - 1%</p> <p>White Chicken Chili 1% or Whole Milk Cornbread Chicken Mixed Vegetables Diced Peas</p>	<p>D: Beef Ground, Rolls - Wheat(WG), Mashed Potatoes (100% potatoes), Mandarin Oranges, --</p> <p>Meatloaf/tomato gravy 1% or Whole Milk Wg Roll Beef Mashed Potatoes apple sauce</p>	<p>D: Beef Ground, Pasta Misc (WG 1oz eq/28gm)(WG), Tomato Sauce / Paste, Mixed Fruit, Lowfat Milk - 1%</p> <p>Baked Ziti 1% or Whole Milk WG pasta Beef Tomato, Mixed Veg Diced Peas</p>