

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|--|
| | | | | |
| <p>3</p> <p>L: Cheddar Cheese, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Applesauce, Lowfat Milk - 1% Tomato Basil Pasta</p> <p>D: Cheddar Cheese, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Mixed Vegetables, Applesauce, Lowfat Milk - 1% Garden Rice Pilaf</p> | <p>4</p> <p>L: Chicken, Breast Meat, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Onions / Onion Rings, Mixed Fruit, Lowfat Milk - 1% Burrito Bowls</p> <p>D: Beef Ground, Tortillas - 100% Whole Wheat (1oz/28g)(WG), Lettuce And Tomato, Mixed Fruit, Lowfat Milk - 1% Beef Tacos</p> | <p>5</p> <p>L: Chicken Breasts, Bread Sticks(WG), Garden Salad, Fruit Salad, Lowfat Milk - 1% Grilled Chicken Salad</p> <p>D: Chicken Breasts, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Broccoli, Fruit Salad, Lowfat Milk - 1% Broccoli Casserole</p> | <p>6</p> <p>L: Turkey Breast, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Carrots, Pineapple, Lowfat Milk - 1% Chicken Fried Rice</p> <p>D: Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c) (WG), Mixed Vegetables, Pineapple, Lowfat Milk - 1% Baked Ziti</p> | <p>7</p> <p>L: Chicken Breasts, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Spinach, Apples, Lowfat Milk - 1% Chicken Tetrazzini</p> <p>D: Beef Ground, Brown Rice, WG (1oz eq/28 gm/1/2c) (WG), Onions / Onion Rings, Apples, Lowfat Milk - 1% Cheesy Beef Casserole</p> |
| <p>10</p> <p>L: Cheddar Cheese, Tortillas - 100% Whole Wheat (1oz/28g)(WG), Mixed Vegetables, Mandarin Oranges, Lowfat Milk - 1% Veggie Wraps</p> <p>D: Cheddar Cheese, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Broccoli, Mandarin Oranges, Lowfat Milk - 1% Creamy Shells</p> | <p>11</p> <p>L: Chicken Breasts, Tortilla Chips - WGR (1 oz/28g) (WG), Lettuce And Tomato, Applesauce, Lowfat Milk - 1% Pulled Chicken Tacos</p> <p>D: Beef Ground, Brown Rice, WG (1oz eq/28 gm/1/2c) (WG), Salsa, Applesauce, Lowfat Milk - 1% Frito Pie</p> | <p>12</p> <p>L: Chicken Breasts, Cornbread/Corn Muffin - WGR (1oz/34g)(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1% White Chicken Chili</p> <p>D: Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c) (WG), Green Beans, Mixed Fruit, Lowfat Milk - 1% Beef Stroganoff</p> | <p>13</p> <p>L: Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c) (WG), Mixed Vegetables, Peaches / Nectarines, Lowfat Milk - 1% Baked Spaghetti</p> <p>D: Chicken Breasts, Stuffing/Dressing- Homemade, Mixed Vegetables, Peaches / Nectarines, Lowfat Milk - 1% Chicken & Dressing</p> | <p>14</p> <p>L: Chicken Breasts, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Peppers, Green, Oranges / Tangerines / Tangelos, Lowfat Milk - 1% Aloha Chicken</p> <p>D: Beef Ground, Bread Sticks, Mixed Vegetables, Oranges / Tangerines / Tangelos, Lowfat Milk - 1% Shepherds Pie</p> |

Monthly Menu Plan (Non-Infant)

Month of: February 2025

Sponsor: CHILD CARE RESOURCES INC.
(855) 427-2888

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|---|
| <p>17</p> <p>L: Egg Salad, Bread - 100% Whole Wheat(WG), Celery, Applesauce, Lowfat Milk - 1%</p> <p>Egg Salad</p> <p>D: Mozzarella Cheese, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Applesauce, Lowfat Milk - 1%</p> <p>Pasta Primavera</p> | <p>18</p> <p>L: Chicken Breasts, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Onions / Onion Rings, Oranges / Tangerines / Tangelos, Lowfat Milk - 1%</p> <p>Chicken Fajitas</p> <p>D: Beef Ground, Tortillas - 100% Whole Wheat (1oz/28g)(WG), Peppers, Green, Oranges / Tangerines / Tangelos, Lowfat Milk - 1%</p> <p>Beef cheese burritos</p> | <p>19</p> <p>L: Chicken Breasts, Tortilla tostadas wg(1oz eq/28gm) (WG), Carrots, fresh, Mixed Fruit, Lowfat Milk - 1%</p> <p>Chicken Wraps</p> <p>D: Beef Ground, Cornbread/Corn Muffin - WGR (1oz/34g)(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1%</p> <p>Chili</p> | <p>20</p> <p>L: Chicken Breasts, Bread Sticks(WG), Garden Salad, Peaches / Nectarines, Lowfat Milk - 1%</p> <p>Winter Salad</p> <p>D: Chicken Breasts, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Broccoli, Peaches / Nectarines, Lowfat Milk - 1%</p> <p>Sweet & Sour Chicken</p> | <p>21</p> <p>L: Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Tomato Sauce / Paste, Mixed Fruit, Lowfat Milk - 1%</p> <p>Beef Goulash</p> <p>D: Chicken Legs, Biscuit - 100% Whole Wheat(WG), Mashed Potatoes (100% potatoes), Mixed Fruit, Lowfat Milk - 1%</p> <p>Herb Roasted Chicken</p> |
| <p>24</p> <p>L: American Cheese (100% cheese), Pasta Misc (WG 1oz eq/28gm/ 1/2c) (WG), Mixed Vegetables, Oranges / Tangerines / Tangelos, Lowfat Milk - 1%</p> <p>Mac & Cheese</p> <p>D: Cheddar Cheese, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Oranges / Tangerines / Tangelos, Lowfat Milk - 1%</p> <p>Veggie Lasagna</p> | <p>25</p> <p>L: Chicken Breasts, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Salsa, Peaches / Nectarines, Lowfat Milk - 1%</p> <p>Southwestern Pasta</p> <p>D: Beef Ground, Tortillas - 100% Whole Wheat (1oz/28g)(WG), Salsa, Peaches / Nectarines, Lowfat Milk - 1%</p> <p>Beef Tacos</p> | <p>26</p> <p>L: Chicken Breasts, Buns - Whole Wheat WG (1oz/28g) (WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1%</p> <p>Hawaiian Chicken wraps</p> <p>D: Beef Ground, Brown Rice, WG (1oz eq/28 gm/1/2c) (WG), Carrots, Peaches / Nectarines, Lowfat Milk - 1%</p> <p>Beef Fried Rice</p> | <p>27</p> <p>L: Chicken Breasts, Bread Sticks(WG), Garden Salad, Applesauce, Lowfat Milk - 1%</p> <p>Salad</p> <p>D: Chicken Breasts, Stuffing/Dressing- Homemade(WG), Mixed Vegetables, Applesauce, Lowfat Milk - 1%</p> <p>Chicken & Dressing</p> | <p>28</p> <p>L: BBQ - Chicken, Buns - Whole Grain (1oz/28g)(WG), Carrots, Oranges / Tangerines / Tangelos, Lowfat Milk - 1%</p> <p>BBQ Chicken Sandwiches</p> <p>D: Beef Ground, Bread - 100% Whole Wheat(WG), Mashed Potatoes (100% potatoes), Oranges / Tangerines / Tangelos, Lowfat Milk - 1%</p> <p>Meat Loaf</p> |