

Monday	Tuesday	Wednesday	Thursday	Friday
				<p><b>1</b></p> <p><b>B:</b> --, Cheerios- Multi Grain (1oz eq/1c)(WG), --, Bananas, Lowfat Milk - 1%</p> <p><b>A:</b> --, Cheese-Its (WG 1oz eq/22gm)(WG), --, Applesauce, --</p> <p><b>L:</b> Turkey Ground, Pita Bread/Naan Bread (1oz/28g), Cucumbers, fresh, Applesauce, Lowfat Milk - 1% Turkey Gyros</p> <p><b>P:</b> --, Sun Chips - WG(WG), --, Bananas, --</p> <p><b>D:</b> Chicken Breasts, Bread - 100% Whole Wheat(WG), Garden Salad, Applesauce, Lowfat Milk - 1% Garden Salad</p>
<p><b>4</b></p> <p><b>B:</b> --, All Bran(WG), --, Mandarin Oranges, #10 can, Lowfat Milk - 1%</p> <p><b>A:</b> --, Animal Crackers (1oz eq/28g)(WG), --, Applesauce, --</p> <p><b>L:</b> Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Tomato Sauce / Paste, Applesauce, Lowfat Milk - 1% Baked Spaghetti</p> <p><b>P:</b> --, Muffins-WG low sugar (1oz/55g)(WG), --, Bananas, --</p> <p><b>D:</b> Chicken Breasts, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Peas and Carrots, Applesauce, Lowfat Milk - 1% Chicken &amp; Gravy</p>	<p><b>5</b></p> <p><b>Monday</b></p> <p><b>B:</b> --, Oatmeal, WG (1oz eq/28g/1/2c)(WG), --, Bananas, Lowfat Milk - 1%</p> <p><b>Tuesday</b></p> <p><b>A:</b> --, Whole Grain Chips(WG), --, Apple Juice 100%-Once Per Day, --</p> <p><b>L:</b> Beef Ground, Brown Rice, WG (1oz/28g)(WG), Corn, Oranges / Tangerines / Tangelos, Lowfat Milk - 1% Taco bake</p> <p><b>P:</b> --, Animal Crackers (1oz eq/28g)(WG), --, Bananas, --</p> <p><b>D:</b> Chicken Breasts, Corn Tortillas (1oz eq/28gm)(WG), Black Beans, Oranges / Tangerines / Tangelos, Lowfat Milk - 1% Chicken Fajita</p>	<p><b>6</b></p> <p><b>Tuesday</b></p> <p><b>B:</b> --, Bran Chex-WGR(WG), --, Bananas, Lowfat Milk - 1%</p> <p><b>Tuesday</b></p> <p><b>A:</b> --, Whole Grain Chips(WG), --, Applesauce, --</p> <p><b>L:</b> Turkey Breast, Bread - Whole Grain (WG)(WG), Cole Slaw, Bananas, Lowfat Milk - 1% Turkey Sammies</p> <p><b>P:</b> --, Cheese-Its (WG 1oz eq/22gm)(WG), --, Bananas, --</p> <p><b>D:</b> Chicken Breasts, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Peas and Carrots, Bananas, Lowfat Milk - 1% Curry Chicken Pasta</p>	<p><b>7</b></p> <p><b>Wednesday</b></p> <p><b>B:</b> --, Oatmeal, WG (1oz eq/28g/1/2c)(WG), --, Bananas, Lowfat Milk - 1%</p> <p><b>Wednesday</b></p> <p><b>A:</b> Cheese Stick (100% Cheese), Club Crackers (1oz/22g), --, Apple Juice 100% -Once Per Day, --</p> <p><b>L:</b> Breaded Chicken Breast Patty-Strips (CN)- Texas, Pita Bread/Naan Bread (1oz/28g), Zucchini Squash, Mixed Fruit, Lowfat Milk - 1% Mediterranean Turkey</p> <p><b>P:</b> --, Animal Crackers (1oz eq/28g)(WG), --, Mixed Fruit, --</p> <p><b>D:</b> Tuna Salad, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Pears, Lowfat Milk - 1% Tuna Bake</p>	<p><b>8</b></p> <p><b>Thursday</b></p> <p><b>B:</b> --, Cinnamon Toast Crunch (25% less sugar only) - WG (1oz/28g)(WG), --, Bananas, Lowfat Milk - 1%</p> <p><b>Thursday</b></p> <p><b>A:</b> --, Goldfish (1oz eq/22g), --, Applesauce, --</p> <p><b>L:</b> Chicken Breasts, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Mandarin Oranges, Lowfat Milk - 1% Chicken Pasta salad</p> <p><b>P:</b> --, Readi-Bake Jungle Crackers (WG)(WG), --, Bananas, --</p> <p><b>D:</b> Beef Ground, Buns - Whole Grain (1oz/28g)(WG), Garden Salad, Mandarin Oranges, Lowfat Milk - 1% Sloppy Joes</p>

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<b>11</b>	<b>Friday</b> B: --, French Toast- WGR (1 oz eq/28g)(WG), --, Bananas, Lowfat Milk - 1%	<b>12</b>	<b>Monday</b> B: --, All Bran(WG), --, Applesauce, Lowfat Milk - 1%	<b>13</b>	<b>Tuesday</b> B: --, All Bran(WG), --, Bananas, Lowfat Milk - 1%	<b>14</b>	<b>Wednesday</b> B: --, Pancakes - WGR (1oz/34g)(WG), --, Blueberries, Lowfat Milk - 1%	<b>15</b>	<b>Thursday</b> B: --, Oatmeal, WG (1oz eq/28g/1/2c)(WG), --, Apples, Lowfat Milk - 1%
	<b>Friday</b> A: --, Sun Chips - WG(WG), --, Bananas, --		<b>Tuesday</b> A: --, Animal Crackers (1oz eq/28g)(WG), --, Applesauce, --		<b>Tuesday</b> A: --, Sun Chips - WG(WG), --, Applesauce, --		<b>Wednesday</b> A: --, Sun Chips - WG(WG), --, Apple Juice 100%-Once Per Day, --		<b>Thursday</b> A: --, Animal Crackers (1oz eq/28g)(WG), --, Bananas, --
	L: Beef Ground, Brown Rice, WG (1oz/28g)(WG), Broccoli, Applesauce, Lowfat Milk - 1% Ginger Beef		L: Chicken Breasts, Tortillas - 100% Whole Wheat (1oz/28g)(WG), Black Beans, Oranges / Tangerines / Tangelos, Lowfat Milk - 1% Chicken Burritos		L: Chicken Breasts, Buns - Whole Grain (1oz/28g)(WG), Lettuce / Salad, fresh, Bananas, Lowfat Milk - 1% BBQ Chicken Sammies		L: Tuna Salad, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Carrots, Pears, Lowfat Milk - 1% Pasta salad		L: Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Cabbage, Red / White / Cole Slaw, Pineapple, Lowfat Milk - 1% Baked Ziti
	P: American Cheese (100% cheese), Saltine Crackers (1oz eq/22g), --, --, --		P: --, Sun Chips - WG(WG), --, Bananas, --		P: --, Animal Crackers (1oz eq/28g)(WG), --, Applesauce, --		P: --, Gold Fish WG (1oz eq/28 gm/1c)(WG), --, Mandarin Oranges, --		P: --, Cheese Crackers (1oz/22g), --, Bananas, --
	D: Chicken Breasts, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Applesauce, Lowfat Milk - 1% Chicken Alfredo		D: Beef Ground, Whole Grain Chips(WG), Salsa, Oranges / Tangerines / Tangelos, Lowfat Milk - 1% Beef Nachos		D: Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Bananas, Lowfat Milk - 1% Lasagna		D: Beef Ground, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Lettuce / Salad, fresh, Pears, Lowfat Milk - 1% Tucson Beef		D: Chicken Breasts, Pita Bread/Naan Bread (1oz/28g), Cucumbers, Pineapple, Lowfat Milk - 1% Chicken Gyros
<b>18</b>	<b>Friday</b> B: --, Cheerios- Multi Grain (1oz eq/1c)(WG), --, Bananas, Lowfat Milk - 1%	<b>19</b>	<b>Monday</b> B: --, All Bran(WG), --, Bananas, Lowfat Milk - 1%	<b>20</b>	<b>Tuesday</b> B: --, Croissants (1oz/34g), --, Fruit Cocktail (no syrup), Lowfat Milk - 1%	<b>21</b>	<b>Wednesday</b> B: --, Bran Flakes- WGR (1oz eq/1 cup)(WG), --, Bananas, Lowfat Milk - 1%	<b>22</b>	<b>Thursday</b> B: --, Waffles - Whole Grain, WG (1oz/34g)(WG), --, Bananas, Lowfat Milk - 1%
	<b>Friday</b> A: --, Animal Crackers (1oz eq/28g)(WG), --, Bananas, --		<b>Tuesday</b> A: --, Animal Crackers (1oz eq/28g)(WG), --, Applesauce, --		<b>Tuesday</b> A: --, Sun Chips - WG(WG), --, Fruit Cocktail (no syrup), --		<b>Wednesday</b> A: --, Cheese Crackers (1oz/22g), --, Applesauce, --		<b>Friday</b> A: --, Animal Crackers-WG (1oz/28g)(WG), --, Fruit Cocktail (no syrup), --
	L: Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Zucchini Squash, Oranges / Tangerines / Tangelos, Lowfat Milk - 1% Goulash		L: Beef Ground, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Black Beans, Bananas, Lowfat Milk - 1% Taco Pie		L: Chicken Ground, Rolls-WGR(WG), Garden Salad, Pineapple, Lowfat Milk - 1% Spring salad		L: Chicken Breasts, Brown Rice, WG (1oz/28g)(WG), Carrots, Pears, Lowfat Milk - 1% Curry Chicken		L: Chicken Breasts, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Green Beans, Applesauce, Lowfat Milk - 1% Chicken Mac
	P: Cheese Stick (100% Cheese), Sun Chips - WG(WG), --, Applesauce, --		P: --, Gold Fish WG (1oz eq/28 gm/1c)(WG), --, Apple Juice 100%-Once Per Day, --		P: Cheese Stick (100% Cheese), Multigrain Crackers, --, Bananas, --		P: --, Sun Chips - WG(WG), --, Mixed Fruit, --		P: --, Animal Crackers (1oz eq/28g)(WG), --, Applesauce, --
	D: Chicken Breasts, Brown Rice, WG (1oz/28g)(WG), Peas and Carrots, Oranges / Tangerines / Tangelos, Lowfat Milk - 1% Chicken Fried Rice		D: Chicken Breasts, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Cauliflower, Bananas, Lowfat Milk - 1% Southwest Pasta		D: Beef Ground, Pita Bread/Naan Bread (1oz/28g), Lettuce / Salad, fresh, Pineapple, Lowfat Milk - 1% Beef Gyro		D: Chicken Breasts, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Carrots, Pears, Lowfat Milk - 1% Primavera Pasta		D: Beef Ground, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Broccoli, Applesauce, Lowfat Milk - 1% Beef & Broccoli Bake

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<p>25</p>	<p>26</p> <p>L: Chicken Breasts, Brown Rice, WG (1oz eq/28gm/1/2c)(WG), Black Beans, Oranges / Tangerines / Tangelos, Lowfat Milk - 1% Arroz Con Polo</p>	<p>27</p> <p>L: Turkey Ground, Pita Bread/Naan Bread (1oz/28g), Lettuce / Salad, fresh, Bananas, Lowfat Milk - 1% Turkey Pitas</p>	<p>28</p> <p>L: Chicken Breasts, Wheat Crackers (WG/1oz eq/22gm) (WG), Carrots, Mixed Fruit, Lowfat Milk - 1% Chicken Salad</p>	<p>29</p> <p>L: Beef Ground, Buns - Whole Grain (1oz/28g)(WG), Mashed Potatoes (100% potatoes), Pineapple, Lowfat Milk - 1% Sloppy Joe</p>
<p>D: Tuna Salad, Pasta Misc (WG 1oz eq/28gm/ 1/2c) (WG), Peas, Applesauce, Lowfat Milk - 1% Tuna Bake</p>	<p>D: Beef Ground, Tortillas - 100% Whole Wheat (1oz/28g)(WG), Lettuce / Salad, fresh, Oranges / Tangerines / Tangelos, Lowfat Milk - 1% Beef Taco</p>	<p>D: Chicken Breasts, Rolls-100% Whole Wheat(WG), Mashed Potatoes (100% potatoes), Bananas, Lowfat Milk - 1% Chicken &amp; Gravy</p>	<p>D: Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c) (WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1% Spaghetti</p>	<p>D: Chicken Breasts, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Green Beans, Pineapple, Lowfat Milk - 1% Chicken Alfredo</p>